

The Gate Post

28th August 2018

\$1 (inc GST)

Vol 20 Issue 16



The calm before the storm. . .

GET READY FOR THE 46TH ANNUAL NEWDEGATE MACHINERY FIELD DAYS

Machinery, technology, fashion,
children's entertainment, fireworks,
homewares and much much more!

September
5th & 6th,
2018

Fun for All

Newdegate
Recreational
Precinct

Find your complete guide inside.



Produced at the Newdegate Community Resource Centre Inc.

Ph: 9871 1791 Fax: 9871 1792

Email: newdegatecrc@westnet.com.au

Thank you for your contributions towards this weeks Gatepost. Please send in your local news, photos and announcements to newdegatecrc@westnet.com.au or phone 9871 1791 by

Monday 10th September @ 12 Noon

Inclusion **cannot** be guaranteed after this time.

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NEXT EDITION

Tuesday
12th September

Advertising Costs (inc GST)

Full Page	\$35.00
1/2 Page	\$20.00
1/4 Page	\$14.00
1/8 Page	\$8.00

*All additions/changes to be in by
12 noon the Monday prior to printing.*

Newdegate CRC Opening Hours

Monday - Thursday
8:30am - 12:00pm
1:00pm - 4:30pm

Friday
9am - 2:00pm

Saturday & Sunday
CLOSED



Printing, Scanning, Desktop Publishing, Binding, Laminating, Label Making, Faxing, Emailing, Stationary Supplies, IT Support, Exam Supervision, Local Information, Pop-Up Shops, Video Conferencing, Library, Centrelink Access Point, Medicare, MyGov, Room Hire, Equipment Hire, Workshops, Activities, Events

Room Hire Prices

Small Room
\$20per hour | \$50per day

Library
\$30per hour | \$60half day | \$100full day

DISCLAIMER

- 1) No liability shall be incurred by the Gate Post by reason of any amendments to, or error or inaccuracy in or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of the Gate Post the error clearly reduces the value of the advertisement and the advertiser notifies it to the Gate Post within seven days of the publication date, then one correction will be made without charge.
- 2) While the editors normally aim to publish all materials submitted. The Gate Post reserves the right to refuse to publish or republish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) The Gate Post reserves the right to shorten or otherwise amend any contribution other than advertisements.
- 5) The opinions, views & beliefs expressed in articles & other submissions to The Gate Post do not necessarily reflect the opinions, views & beliefs of CRC staff or committee.

News from the CRC

It has been a busy time at the Newdegate CRC. We recently held our AGM where Rachael has completed her term as our Chairperson. I have resumed the role for the coming year and hope to continue Rachael's work until the next AGM.

Thanks very much to Rachael for all her work over the past 3 years, particularly through the difficult time over the past year in relation to our funding uncertainty.

In regards to our funding, many of you would have heard the good news that DPIRD have reviewed the proposed funding cuts and at this time are not going ahead with them. This is good news for our CRC network, however we are still awaiting the changes for the new look funding and our obligations to meet these requirements. With this in mind the CRC has had staff restructure in order to help us manage future expectations.

The committee has dissolved the role of the Gatepost editor and this has been taken back on by the Centre Staff. This will not affect how you

get information to us, nor how we distribute the Gatepost, however it does mean that we have lost a member of staff in Bridget Michell. I would like to take this opportunity to thank Bridget for all her work on the Gatepost, a job she took over from Anne Bishop once she completed her traineeship. Your efforts have been greatly appreciated.

We have a number of classes or seminars coming over the next few months, before the rush of harvest and Christmas, keep an eye out in the Gatepost or on our Facebook page and if any take your fancy let the Centre know. Similarly if there is a course you would like to see happen, please feel free to let us know too and we will see what we can facilitate.

Wishing you all the best over the next few weeks of Field Day and thanks for supporting our Centre.

Rochell Walker
Chairperson

Community Resource Centre funding to continue

- Following a review and consultation, Community Resource Centre funding will continue
- Community Resource Centre (CRC) funding will continue at \$13 million per year.

The McGowan Government has listened to regional community concerns about the future of Community Resource Centres and will continue to fully fund each CRC.

Following extensive consultation and a review of the CRC program, the State Government has decided to continue to fund Community Resource Centres to the tune of \$13 million per year.

The review of the Community Resource Centre program did highlight some areas that could be improved.

The traineeship component of the CRC program will be strengthened to ensure Community Resource Centres are working with local businesses and local governments to get the best outcomes for their trainees, and will be made available to regional areas which do not have CRCs.

Auditing processes will be strengthened to ensure

Community Resource Centres are delivering the best outcomes for their communities.

Comments attributed to Regional Development Minister Alannah MacTiernan:

"Our Government was forced to consider a number of Budget savings to help fix the financial mess left by the former Liberal National Government.

"After reviewing the Community Resource Centre program and listening to regional communities' concerns about the future of CRCs, it is clear CRC funding should continue.

"We will continue to fully fund CRCs to the tune of \$13 million per year, ensuring CRCs can deliver important services to regional communities.

"We want to see the CRC program strengthened, with a real focus on getting the most out of the traineeship program to drive training opportunities across regional WA."

Media Statement

NOTICE BOARD

Tip Opening Times

Wednesday 9am - 1pm

Saturday 9am - 1pm



Dr Linda Haines' next visiting dates are:

Tuesday 25th & Wednesday 26th, September
and

Thursday 25th & Friday 26th, October

Please ring the Lake Grace Medical Centre to book an appointment: 9865 1208



≈
Sunday Worship 10am
Live music, café style
coffee

All about Jesus

Malcolm and Cathie Kelly
9871 9032 or 0488 719 032

Nick and Lucy Kelly
0427 417 506
≈

GNOWANGERUP
Family Support Association Inc.



Incorporating Nobarach Occasional Daycare
& Mobile Child Care Services

NEWDEGATE OCCASIONAL DAYCARE

Professionally staffed, licensed centre
providing your children with quality care
and a safe stimulating curriculum
based on the new National Quality Framework!

THURSDAY 9:00AM TO 3:00PM

CATERING FOR 0-6 YEAR OLDS

Please contact the coordinator Katie Sherwood on
0427 271 454
For Bookings

Managed by Gnowangerup Family Support Association.
Bringing licensed, cost effective child care to small towns
in the Great Southern since 1988.



**IF YOU ARE USING THE
NEWDEGATE
SKATEPARK...**

**PLEASE MAKE SURE
YOU CLOSE THE GATE
WHEN YOU LEAVE**

Visiting on Wednesdays



*Quality Seafood delivered
to your door*

**WEST COAST SEAFOOD VAN
AT THE GAZEBO**

Next visit:

**Wednesday 29th August
3pm - 4pm**

Phone PHILIP on 9821 1141 or
Mobile 0427 241 204

There will be no visit in September

NOTICE BOARD



Congratulations

Well done to Trent De Nardi who was awarded
joint Fairest and Best in the OFA 2018
League Football Competition.
Joint Fairest & Best was awarded to
Tyler Caldwell from Gnowangerup



Congratulations

Well done to Kelly Barr who was awarded
Fairest and Best in the OWHA 2018
Senior Hockey Competition.
Runner up Fairest & Best was awarded to
Shannon Cooper from Gnowangerup



Congratulations

Well done to Meikhi Humphries who was awarded
Runner up Fairest and Best in the OWHA 2018
Junior Hockey Competition.
Fairest & Best was awarded to
Mitch Murdoch from Boxwood Hill



Congratulations

Well done to Rebekah Dunkeld who was awarded
Runner up Fairest and Best in the ONA 2018
Senior Netball Competition.
Fairest & Best was awarded to
Lauren Duckworth from Lake Grace

Shire of Lake Grace

Community News



PO Box 50, Lake Grace WA 6353 Ph: (08) 9890 2500 Fax: (08) 9890 2599

Email: shire@lakegrace.wa.gov.au



CEO's Corner

Souths - Hockey

What a fantastic day it was for hockey on Saturday in Kulin, great company and the bonus of the Souths Hockey club having teams in all four Grand Finals. They were successful in winning the Ladies A Grade and Men's Premiership. This is the first year they have had

the Men's team and to win the Premiership first up is a great credit to all involved. It was great to see so many out in support of the club. The Ongerup Winter Sports Association is holding the Grand Finals in Newdegate on Saturday. Good luck to all of our local teams playing on the day.

Flooding Event

The past week has seen our first sector completed, with Newdegate Grading & Plant Hire having finished all designated work in the North sector. By October the West sector will also be finished. The contractors are estimated to have completed 60% of outstanding works, it is anticipated that we will have all works finished by December.

There are a number of roads on which the remediation works have now been completed, if you have any concerns with the completed works, please let us know and the quality of work can be inspected and repaired if required.

As this work is being carried out, the Shire would like to remind road users to be courteous and slow down within the areas that crews are working, this will allow them to do their job in a safe manner and complete it sooner. Unfortunately we continue to have had a number of reports of vehicles speeding through the road works.

2018/2019 Budget Adoption

The 2018/2019 budget was adopted by Council last Wednesday, there will be a 2.5% increase in General Rates and the Lake Grace Sewerage Rates. Lake Grace & Newdegate SARS remain at a similar level to last year. With Lake King & Varley having a slight decrease in their SARS rates. It is intended that the rates billing will be issued by Wednesday 12 September.

Townsite Gross Rental Values remain the same as last year. With the Rural Unimproved Values increasing by 1.79%. Given this is the case, there will also be variances greater or less than the 2.5% average rate increase. Comments from the District Valuer were;

"Overall 'broad area' unimproved values have remained unchanged with the exception of minor increases along

the Eastern fringe of the Shire as part of the mass valuation process.

Some changes to individual assessments may have occurred either as a product of the mass valuation process or where records have been amended or corrected for more up to date information about soil types etc."

Council

Ordinary Council Meeting – Wednesday 22 August 2018

Items of business considered by Council at this meeting included:

Development Application – Proposed change of use to Lot 276 (No.21) Mason Street, Lake Grace
Secondary Freight Route Project
Transfers to Reserve – Unbudgeted
2018/2019 Budget Adoption

The date of the next Ordinary Council Meeting is Wednesday 26 September 2018.

4WDL Meeting – Tuesday 14 August 2018

On Tuesday 14 August, Shire President Cr Jeanette De Landgraft and I attended a 4WDL meeting hosted by the Shire of Wagin. The topics for discussion during this meeting included:

Puppy Farming Legislation
Royal Commission into Institutional Responses to Child Sex Abuse
Digital Census Progress
Public Health Act – Action Plan for Communities
Electricity Costs
Kwinana Industrial Area and the Western Harbour Alliance

Community Resource Centre Funding Restored! The State Government announced it's 'backflip' on the Community Resource Centre funding cuts on Friday 10 August 2018 and confirmed that it would continue to provide CRCs with the full funding of \$13million per year, rather than the proposed \$8million. This is fantastic news for rural communities across WA, as our CRCs provide an invaluable and essential service. A big well done to all of those involved in the campaign to prevent these cuts, this is a great outcome!

'A Boy Named Cash' – Wednesday 15 August 2018 On the evening of Wednesday 15 August 2018, the Lake Grace Artist Group hosted the Shows on the Go presentation of 'A Boy Named Cash',

Shire of Lake Grace Community News *Cont.*

CEO Corner *Cont.*

at the Lake Grace Hall. Monty Cotton, a seasoned performer and musician, took centre stage as 'The Man in Black' and showcased some of Johnny Cash's greatest hits. Having sold 152 tickets, the hall was packed out and what a fantastic evening it was. Thank you to everyone that was involved in bringing this show to Lake Grace, it really is great to see these types of events bring the community together and I look forward to attending more in the future.

Dogs - Please keep your dogs on leads!

I ask that all dog walkers keep their dogs on a lead when walking through town, this also applies to dog walkers on bikes. The penalty for having a dog off the leash or untethered is \$200. As complaints have been received the Rangers have been notified and will be paying attention to this matter.

Dogs - Please pick up after your Dog!

It is also a \$200 offence under the Shire of Lake Grace Dogs Local Law if a dog excretes on any thoroughfare or other public place or any land which is not a public place without the consent of the occupier. The person liable for control of the dog at time commits an offence if they don't pick up after the dog. The Shire does provide dog litter bags for the purpose. If you see this happening take a photo and report the incident.

Speeding through Back Lanes

It has been brought to my attention that there have been a few incidents of people speeding through laneways. Back lanes have limited visibility, to ensure the safety of anyone in the area, speeding vehicles are not acceptable. If this behavior is to continue we will be forced to install engineered devices that will restrict the speed of vehicles.

This is your community, and you need to ensure the safety of others from your actions. If an incident were to occur there is the potential for prosecution under the provision of the Road Traffic Act. If you witness someone speeding in the laneways, note down their vehicle details and report them to us.

Road Works

The Construction Crew and General Maintenance Staff have carried out the following work:

Mallee Hill Road, (near Fourteen Mile Road – carting of gravel to upgrade, widen and re-sheet from slk 23.0 to slk 25.0);
Plant Maintenance;
Installation of Rural Roads Signs and Guideposts;

The Lake Grace Maintenance Grader has carried out grading work on the following roads:

Griffin Reward Road

The Lake King Maintenance Grader has carried out grading work on the following roads in Lake King and Varley:
Holt Rock Road

Winchcombe Road
Dempster Rock Road
Purnta Road
Pickernell Road
Broombush Flat Road

The Newdegate Maintenance Grader has carried out grading work on the following roads:

Haig Road
Shalders Road

Parks and Gardens

The Town Maintenance Crew have carried out the following work:

Tool and Plant Maintenance

Lake Grace Recreation Ground – fixing and re-fitting of tennis court shade cloth, spraying of weeds around tennis court, cleaning up and blowing around the pavilion, moving of blue metal to the sports complex and double cut of football oval;

Lake Grace BBQ Area – mulching of bbq area and car park garden area;

Lake Grace Town Street – mulching of garden beds, unblocking and clearing of drains, removal of tree branches;

Lake Grace RSL – general garden maintenance;

Lake Grace public toilets – general garden maintenance;

Stubbs Street, Lake Grace – mowing of lawns;

Lake Grace Depot – unblocking and clearing of drains;

Lake Grace Medical Centre – general gardening maintenance and spraying of roses;

Lake Grace Swimming Pool – general garden maintenance including spraying of weeds, pruning, cleaning, blowing and mowing of lawns;

6 Blackbutt Way, Lake Grace – general garden maintenance and rose pruning;

Lake Grace Hall – mowing of lawn;

3 Clark Avenue – general garden maintenance and mowing of lawns.

Building & Maintenance

The Building and Maintenance Team have carried out the following work:

Varley Hall - large water leak over kitchen;

Varley Public Toilets – replacing of toilet roll holders;

Newdegate Golf & Bowls Club - glass washer removed for repair and gutter cleaning;

Newdegate Public Toilets – cleaning of gutters;

Newdegate Medical Centre – cleaning of gutters;

Lake Grace Hall: set up for breast cancer van;

Shire of Lake Grace Office - fluoro light repair and clean air conditioner filters;

Lake Grace AIM – monitoring of building movement.

Denise Gobbart
Chief Executive Officer

Shire of Lake Grace Community News *Cont.*

OFFICE OPENING HOURS

Monday - Tuesday - Wednesday - Friday
8.30am - 4.30pm

Thursday 8.30am - 4.00pm

Staff can be contacted by phone between 8am - 5pm.

TRANSPORT & LICENSING

All licensing payments are to be made in person at the Shire of Lake Grace Administration building.

Monday, Tuesday and Wednesday 8.30am - 4.15pm

Thursday and Friday 8.30am - 4.00pm

As an agency we process the majority of transactions, including; renewals, transfers, number plate orders, boat registration renewals and new licence applications.

Please ensure you arrive at the counter with sufficient time for your transaction to be completed by closing time, this is because it is necessary for staff to reconcile Department of Transport transactions each day.

Please keep in mind that farm equipment and Learners Permit transactions can take up to 45 minutes or more.

DRIVING ASSESSOR

The Practical Driving Assessor (PDA) will be at the Shire of Lake Grace Office on:

Friday - 7 September 2018

Friday - 5 October 2018 to be confirmed

Bookings are essential for all Practical Driver's Licence Assessments and we advise that there is a waiting list, so booking in advance is highly recommended.

Lake Grace has one assessment day each month held on the first Friday of the month.

For more information visit www.transport.wa.gov.au.

BUILDING SURVEYOR

Shire Building Surveyor, Josiah Farrell will be available at the Shire Office on the following dates:

Tuesday 4 September 2018

Tuesday 18 September 2018

For an appointment contact Josiah on 0438 811 944.

ENVIRONMENTAL HEALTH OFFICER

For an appointment with the Shire's Environmental Health Officer, Will Pearce, please contact the Shire on 9890 2500 or email shire@lakegrace.wa.gov.au.

TIP OPEN HOURS

Lake Grace

Monday & Wednesday 9am - 2pm
Saturday & Sunday 9am - 4pm

Newdegate

Wednesday 9am - 1pm
Saturday 9am - 1pm

Lake King & Varley

Open Every Day

WASTE & RECYCLE PICKUP

Household Waste Collection is a weekly service and collected each Monday for Lake Grace, Newdegate, Lake King & Varley.

Recycling is a fortnightly service and alternates between Lake Grace & Newdegate. See below for the upcoming recycling collection dates.

Lake Grace	Newdegate
3 September	10 September
17 September	24 September

Please Note: There is no kerbside recycling collection service in Lake King or Varley.

For more information on Waste Management visit the Shire's website.

OFFICE OPENING HOURS

Lake Grace Public Library School Place Absolon St

Monday - Thursday 9am - 5pm
Closed for lunch 12.30 - 1pm

School Holidays

Tuesday & Thursday 9am - 5pm Lunch 12.30 - 1pm

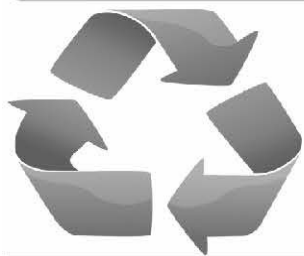
Newdegate Public Library Collier St

Monday - Thursday 8.30am - 4.30pm
Closed for lunch 12noon - 1pm Friday 9am - 2pm

Lake King Library Newdegate/Ravensthorpe Rd

Tuesday and Thursday 8.30am - 3.30pm

Everyone welcome

Shire of Lake Grace Community News *Cont.*

What's Recyclable What's Not!



What's Recyclable:



- * Plastic bottles
- * Newspaper
- * Cardboard (clean)
- * Paper Grocery bags
- * Egg Cartons
- * Magazines, junk mail, stationery and envelopes
- * Glass bottles and jars
- * Milk & Juice cartons
- * Aluminium/tin cans, foil, trays
- * All plastic food containers
- * Empty aluminium aerosol cans

What's Not:



- * Plastic wrap
- * Plastic bags
- * Styrofoam (including disposable coffee cups)
- * Paper towels, napkins, tissue paper
- * Paper plates, soiled paper
- * Fast food wrappers
- * Food waste
- * Cups, plates, wine and drinking glasses
- * Light bulbs
- * Batteries
- * Green Waste

Recycling Services

Recycling bins are collected by Warren Blackwood Waste and transported to a recycling facility.

If items which are not recyclable are found the content can't be recycled and the load will be directed to landfill.

If an item is covered in food, it is not recyclable. Food is one of the worst contaminants in the recycling process.

Please remember to rinse out cups, cans, jars etc. before throwing them in the bin.

By using the yellow top recycling bin correctly you are contributing, in a combined community effort, to reduce the amount of rubbish that is directed to landfill facilities each year.



VACSWIM Enrolments

VacSwim classes in Newdegate and Lake Grace will be held from:

Saturday 15 December 2018
until Friday 21 December 2018

Your children can join in the fun of learning to swim for just:

- \$7.00 per child for a five day short program
- \$13.00 per child for all other programs.

It's even cheaper if you have three or more children:

- \$18.00 a family for a five day short program
- \$35.00 a family for all other programs.

The family enrolment discount only applies to three or more immediate family members or a blended family living permanently at the same address (proof may be requested).

Separate entry fees may be required at pool centres for participants and accompanying family members.

Enrolments Close: Sunday 4 November 2018

Newdegate Playgroup Fundraiser

The Newdegate Playgroup are currently fundraising to buy new toys and educational playthings.

The fundraiser, in conjunction with Picture Products allows you to put photos or artwork on a series of household items such as plates, clocks, water bottles and phone covers. Perfect memoirs or beautiful gifts!

The plates, which are the main seller are \$25 each, dishwasher safe and made of BPA free melamine. Backed by Picture Products 40 year guarantee you can be sure the plate will last for years.

The deadline to have designs in is the end of August so that the templates can be sent in early September ensuring orders will arrive in time for Christmas. To support your local playgroup pop into the CRC for a plate, clock, bottle or phone cover template, create your masterpiece or let your kids imaginations run wild and drop back off at the CRC.

For more information call Lee Rickard.



lake grace engineering

* Hydraulic Hose Crimping & Fittings

* Qualified Machinist for Lathe & mill work including Hydraulic Cylinder repairs

*General Steel Repairs & Fabrication

*Stainless Steel Fabrication

*Insurance Work

*Aluminium Fabrication including boat repairs, boat trailers, canopies & toolboxes

*Sandblasting & Spray Painting

*Transport Equipment Fabrication & Repairs

*New Agricultural Machinery (Seed/Super Bins , Augers & Comb Trailers etc)

Ph: (08) 98 651 845 / Fax: (08) 98 651 846

Email: adminlge@bigpond.com



LAKE GRACE HEALTH SERVICE



providing 24 hour Emergency Health Care Services

Telephone: **9890 2222** Fax: **9890 2202**

Health and Activity Programs

SwimAbility

Hydrotherapy sessions
at Narrogin Leisure
Centre each fortnight
Monday 3rd September
Leaving 8.30am from Village Hall
Call the hospital on 9890 2222 to book



Chair Aerobics

Every Tuesday
10.30am

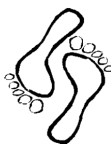
Lakes Village Hall
(suitable for people with limited
mobility)



Foot Clinic

Tuesday 11th September
9.00am—12 noon

Lakes Village Hall
(you must supply your own manicure set)



*More information about the services we
provide are in the newsletter sent to
clients who access our activities programs*

Physiotherapist

Visiting from Narrogin Primary Health
Tuesday 11th September
ph: 98 810 385

Other allied health staff make occasional visits to
Lake Grace and Newdegate (eg Occupational
Therapist, Speech Therapist, Dietitian)

Contact Narrogin Primary Health to make an
appointment ph: 9881 0385

Child Health Clinic



For all child health or immunisation
enquiries please call Di Poultney at
the Lake Grace Clinic
ph: 9890 2246
(located in the Medical Centre)



Well Women's Clinic



Tuesday 11th
September 2018

at the Lake Grace Medical Centre
Call Anna Taylor to make an appointment
on 9865 1507 or 0428 652 507

CRUTCHES

Do you have crutches at
home that you no longer
require?

**Please bring them back to
the hospital a.s.a.p.**

As our stocks are getting
low!

My Health Record

Do you have questions?

We have brochures at the Hospital
that have details about this new way
of recording your health information

Please feel free to come up and get one of the
brochures from the foyer!

- If you do nothing a secure My Health Record will be created for you by the end of 2018 if you have a Medicare or Department of Veterans' Affairs card.
- If you don't want a My Health Record, let them know by 15 October 2018 by visiting the website or calling the Help line

Website: www.MyHealthRecord.gov.au
Help line: 1800 723 471



Newdegate Winter Sports 2018



Junior Football

Well done to our Junior football team for giving it their all throughout the season!



ABOVE: From L-R, Coach Michael Hams, Assistant Coach Peter Walker, President Clint Westlake. Back Row: Tom Hams, Laura Ness, Trey Westlake, Ryan Hams, Esther Barrett-Lennard, Daniel Barrett-Lennard, Charlotte Orr, Maddison Steicke, Piper Hall, Joshua Grahame, Koby Hams, Elise Walker, Jesse Wynne, Sorren Humphries. Front Row: Nick Hams, Isabelle Orr, Summer Wynne, Meikhi Humphries, Billy Hams, Hayley Richardson, Ebony Westlake, Jack Lloyd

Junior Netball

Congratulations to all the kids for their continued effort throughout the 2018 Netball season



ABOVE: Back Row L-R, Laura Ness, Jesse Wynne, Emily Bain, Amelia Harley, Maddison Steicke. Front Row: Isla Kennedy, Trey Westlake, Charlotte Orr, Elise Walker, Esther Barrett-Lennard, Saskia Stewart



Newdegate Winter Sports 2018



FIRST SEMI-FINAL, Sunday 19th August

Junior Hockey

Congratulations to all of our junior players for a fantastic season of hockey this year. The kids all put 100% effort into their trainings and games, managing to pull off a few excellent wins and improving so much along the way. Our team finished in 4th position on the ladder, making it to the finals for the second year in a row. We played against Lake Grace/Pingrup in the first semi final in Boxwood Hill. It was a very tough, evenly matched game and despite the kids putting in an enormous effort and having lots of the play in our attacking half, the back of the net was hard to find and we went down 3-1.

A big congratulations to Meikhi Humphries who was awarded Runner-Up Fairest and Best in the Ongerup Association, a top effort and well deserved.

Thank you to everyone who supported the Newdegate junior hockey players this year, the kids gain so much from having great people as helpers and role models around the club and we all appreciate your time and efforts. Thank you to Claire Ness who has done a wonderful job umpiring for the last few years and coaching prior to that, as Laura finishes this year we will miss having Claire around the club every week and thank her for her significant contribution to the club over many years. Thankyou also to Rochelle Hams and Kelly Richardson for assisting the kids with positioning from the sidelines, this is a really big help when new players are learning the game. Thanks to the hockey club for supporting the juniors both physically and financially, your contribution is essential and very much appreciated by the junior families.

Hats off to Kelly Richardson for organising a great minkey season for the first time this year, what a success! It is so valuable for the kids to gain the basic skills at this age and be prepared for the junior competition. Thank you Kelly for your commitment this year, it has made a real difference to the club.

A big goodbye and good luck to our year 6 and 7's, Meikhi, Laura, Koby and Josh. You've all had a

fabulous year, we wish you every success in your future hockey playing days and hope that you continue to get great enjoyment out of the game.

Lastly, thank you to the kids. You are all wonderful people and I have thoroughly enjoyed spending time with you and watching you develop. You have entertained me, taught me many lessons and made me proud. I really hope you all keep giving it everything you've got, every time you play this wonderful game and have an absolute blast every time you step out on the field.

Davina Hams – Coach 2018



ABOVE: Newdegate's 2018 Junior Hockey Team photo vs Boxwood (1st Semi-Final)



ABOVE: Newdegate's 2018 Junior Hockey Team photo vs Lake Grace/Pingrup in Gnowangerup at home (Round 15)



Newdegate Winter Sports 2018



FIRST SEMI-FINAL, Sunday 19th August

B Grade Netball vs Jerramungup

DEFEATED: 42/39

On Sunday 19th we made our way to Boxwood Hill for our first semi final against Jerramungup, who we so far had been unable to defeat this season. Although spirits were high nerves got the better of us in the first quarter and we went down by 10 goals. We came back out more settled and managed to win the second quarter by 2 goals and the third quarter by 4 goals. Unfortunately in the fourth quarter we lost our backbone centre Lisa Ness to a serious knee injury. Although we managed to also win the fourth quarter by 1 goal and fought hard until the very end we just couldn't make up for the shaky start and Jerramungups early 10 goal lead.

The result was extremely disappointing however, we have had a hard fought, drama free and all round enjoyable season.

Huge thank you to Haylee Morton who has umpired the majority of our games this year and to Bek Dunkeld who stepped in to umpire whilst Haylee was injured. It is definitely not an easy job and we are extremely lucky to have people that can umpire to the standard that you do.

Thank you also to Jazmyne Wynne and Cait Harley who subbed for us when our numbers were down, and last, but by no means least we would also like to extend a massive thank you to our coach Robyn Orr for a fantastic season along with Murray Rintoul and Di Poultney for running training sessions.

Well done to everyone who placed in the Top 10 ONA Fairest and Best ladders and we are all wishing Lisa a speedy recovery for the 2020 season!!!



ABOVE: L-R, Back Row-Coach: Robyn Orr, Hope Sandford, Liz Guelfi, Em Gilmour, Helen Scott, Front Row-Aleisha McCagh, Suzy McDonald, Lisa Ness, Rachael McLean, Jesse McDonald.

CONGRATULATIONS

LISA NESS

Who Placed 3rd in the B-Grade ONA Fairest & Best vote count

JESSE MCDONALD

Who placed 10th in the B-Grade ONA Fairest & Best vote count

NEWDEGATE NETBALL CLUB WOULD LIKE TO THANK THE FOLLOWING SPONSORS FOR THEIR SUPPORT DURING THE 2018 SEASON.

- **Solar Water Pump**
- **Newdegate Field Days**
- **Newdegate Grading & Plant Hire**
- **Skin Within**
- **Di Poultney**



Newdegate Winter Sports 2018



FIRST SEMI-FINAL, Sunday 19th August

A Grade Netball vs Boxwood Hill

DEFEATED: 40/32

Last week we made our way to Boxwood Hill for our first semi final against Boxwood Hill. Weather conditions were amazing for Boxwood, the sun was out and barely any breeze at all! We played well in a tight, low scoring game but were trailing by 4 at quarter time. With an injury to our all important centre in the second quarter we were forced to re-shuffle positions and lift to cover the loss. Our third quarter was our best outscoring Boxwood by one goal and staying in the game, going into the final quarter 5 goals down. With a gallant effort in the last quarter we managed to get as close as two goals down and put the pressure on the Boxwood team. Unfortunately, on the day they were the better team and when we got close they were able to lift to another level and closed the game out 8 goals ahead. Best players for Newdegate for the final went to Holly McDonald and Sammy Horsfield. Well deserved girls!!

Big thanks to Aleisha McCagh and Jesse McDonald who came up from B Grade and contributed well on the day, and for Suzy McDonald for sitting on the bench in case of injury.

We would also like to extend a huge thank-you to Coach Murray Rintoul for his efforts throughout the season. We greatly appreciate you coming to every game, attending and running training sessions and providing advice, feedback and support from the sidelines. Thank-you

We would also like to thank Trish Rintoul for umpiring A Grade throughout the season. Without umpires, the game would not go ahead and we really do appreciate it Trish. It's the most difficult job and Trish just does it week in and week out, and does it well!! Thank-you



ABOVE: L-R, Back Row– Di Poultney, Jasmine Offer, Bek Dunkeld, Robyn Orr, Haylee Morton, Holly McDonald, Front Row– Aleisha McCagh, Jess Rintoul, Sammy Horsfield, Coach: Murray Rintoul

CONGRATULATIONS

AMELIA HARLEY

Who Placed 6th in the Junior ONA Fairest & Best vote count

ELISE WALKER

Who placed 10th in the Junior ONA Fairest & Best vote count

NEWDEGATE NETBALL CLUB WOULD LIKE TO THANK THE FOLLOWING SPONSORS FOR THEIR SUPPORT DURING THE 2018 SEASON.

- **Helbru Haulage**
- **Keetlen Valley Stud**
- **Newman Farms**
- **Newdegate Spreading**
- **Newdegate IGA X-Press**



Newdegate Winter Sports 2018



FIRST SEMI-FINAL, Sunday 19th August

Reserves Football vs Gnowangerup

DEFEATED: 99/32

The Reserves came up against Gnowangerup in the 1st semi last weekend. For the first time in a couple of years we had 19 players come and have game.

to make this season an enjoyable one and I hope you are all keen to go again next year.

Ted

Big thanks to students Josiah and Elijah Barrett-Lenard, Dale Ness, Harri Walter and Bayley Hall who were there to bolster our numbers. Unfortunately we were not quite up to the task but we gave it our all on the day. Best for the Match went to Owen Grahame, Damien Ness, Simon Cugley and Harri Walter.

I would like to thank everyone that has played, umpired and helped out



Above: 3-quarter Time team talk



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Saturday: 8:00am-2:00pm

Sunday: Closed





Newdegate Winter Sports 2018



FIRST SEMI-FINAL, Sunday 19th August

Hockey vs Boxwood Hill

WON: 3/0

On Sunday we travelled to Boxwood Hill to play in the First Semi Final vs Boxwood Hill. Newdegate started out nice and strong and managed to score a couple of early goals in the first ten minutes. We then dropped off and Boxwood made it a very tough end to the first half.

We went into the second half 2-0 up but knew Boxwood wasn't going to give up. With the warm weather and a netball injury leaving us a player down it made things extremely tough and everyone got very puffed. Luckily though we managed to keep the subs rotating and scored our third goal. Finishing the game 3-0.

Well done to all the girls who stepped up and rotated through the inner at last minute, everyone

ran really well and gave it everything.

Welcome back to Kerry Iffla who returned from her romantic holiday and was best on ground for the day.

Goals Scorers: Sarah Lloyd 2 and Nat Thompson 1



Above: Kelly Barr and best player Kerry Iffla



Newdegate Winter Sports 2018



FIRST SEMI-FINAL, Sunday 19th August

League Football vs Jerramungup

WON: 134/64

Newdegate League 2.2, 8.7, 13.8, 21.8 (134)

Jerramungup League 4.1, 5.1, 7.3, 10.4 (64)

GOALS, Newdegate League :

Trent Ryan 6, Jarrad Offer 5, Aaron Guelfi 2, Michael Hams 1, Kim Newman 1, Darcy Thompson 1, Dean Rintoul 1, Mitchell Bryan 1, Jak Cary 1, Bradley Flavel 1, Harvey Lynch 1

Jerramungup League :

Benjamin Hislop 2, Lucas Schuts 2, Sean Wisewould 1, Brendan Lee 1, Kyran Brooks 1, Jack Te Aho 1, William Brown 1, Shane Edmonds 1

BEST, Newdegate League :

Trent De Nardi, Michael Hams, Trent Ryan, Jarrad Offer

Jerramungup League :

William Brown, Jayden Brooks, Bronson Spencer



ABOVE: Captain Harvey Lynch



Newdegate Winter Sports 2018



PRELIMINARY FINAL, Saturday 25th August

League Football vs Gnowangerup

DEFEATED: 67/56

Gnowangerup League5.1, 5.3, 6.6, 10.7 (67)

Newdegate League1.3, 5.5, 5.6, 8.8 (56)

GOALS, Gnowangerup League :
Craig (Jnr) Bolton 3, Jack Batchelor 2, Damien Stewart 2, Christian Rumble 1, Scott Anderson 1, Shaun Hodgson 1

Newdegate League :
Jarrad Offer 5, Kalan Hall 1, Harvey Lynch 1, Darcy Thompson 1

BEST, Gnowangerup League :
Scott Anderson, Damien Stewart, Zachari Walsh

Newdegate League :
Ian Lloyd, Darcy Thompson, Mitchell Bryan



Above: Jarrad offer kicking one of his five goals

2018 OFA LES GANZER MEDAL LEAGUE VOTE COUNT	2018 OFA JUNIOR FOOTY VOTE COUNT	2018 KELLY O'NEILL TROPHY RESERVES VOTE COUNT
Tyler Caldwell (Gnowangerup).....14	Jayden Morton (Jerramungup).....29	Brett Plane (Boxwood Hill).....14
Trent De Nardi (Newdegate).....14	Murray Hayward (Gnowangerup).....24	Jarrold King (Boxwood Hill).....11
Matt Campbell (Boxwood Hill).....13	Mitch Murdoch (Boxwood Hill).....17	Jeremy Nelson (Boxwood Hill).....8
Scott Anderson (Gnowangerup).....12	Lucas Robinson (LG / Pingrup).....14	Owen Grahame (Newdegate).....7
Michael Swarbrick (Boxwood Hill).....12	Meikhi Humphries (Newdegate).....13	Jeremy Bailey (Boxwood Hill).....6
Will Limbert (Gnowangerup).....10	Marshall Solomon (Jerramungup).....12	Tate Barrett (Jerramungup).....6
Luke Bairstow (LG / Pingrup).....9	Kaleb Germain (Gnowangerup).....10	Brendon O'Neill (Boxwood Hill).....6
Jacob Conti (Newdegate).....9	Bailey Peacock (Boxwood Hill).....10	Guy Taylor (Gnowangerup).....6
Issac Baum (Boxwood Hill).....8	Judson Lowson (Boxwood Hill).....3	Jackson Callope (LG / Pingrup).....5
Jack Carruthers (LG / Pingrup).....7	Saul McGill (Gnowangerup).....2	Clint Pocock (Jerramungup).....5



Congratulations

Dean Rintoul

Top OFA Goal Kicker 2018



POLICE NEWS

LAKE GRACE POLICE STATION

56 STUBBS STREET, LAKE GRACE. 6353

Phone : 9890 2000 Fax : 9865 1429

Email: Lake.Grace.Police.Station@police.wa.gov.au

Personnel: Sgt Dave Ellis, SC Tara Spencer, Cameron

G'day all,

I have been off from work for a couple of weeks with a stubborn chest infection, but I'm back in the fray again and things have been getting a bit busier the last couple of weeks.

Firstly, our attention has been drawn to Newdegate again for a number of reasons not least the latest "wild west saloon brawl" at the Newdegate Pub. After the shenanigans of last summer the pub installed some excellent CCTV in a number of locations in the pub and four or five people will be getting a date with a Magistrate courtesy of Lake Grace Police. Infringements have been handed out in recent times, however the nature of this incident means a court appearance is the only way to get the message into some rather thick heads. Another plonker decided to punch and smash the window of the pub so he is going to join the other idiots at court as well.

We have also been getting some helpful community information in relation to those persons driving cars around town with no number plates attached. It is pretty safe to assume that if there is no number plate then the car is probably unregistered as well so it shouldn't be on the road. We have directed more patrols that way and have dealt with one individual by way of court summons (incidentally seen by one of the officers from here off duty in Newdegate) for driving without a license. As usual a photo or video clip is always helpful so keep it coming!

The school Principal and the team from the school have spoken to me about incident that occurred over the school holidays recently. The incident itself was reported to Police, however we also just wanted to reiterate that no one is allowed on school grounds during the school holidays, other than authorised staff and contractors. The school has good security and there is usually someone around, but it isn't a public place and there isn't a right of access just because you attend the school or your kids do.

Which brings me neatly to a funny story about a similar issue. A few weeks ago I came to work to discover that Lake Grace Police station had been gifted a motorbike! No, we haven't been lucky enough to acquire a new "Scooter Pig" but in fact an unnamed person thought it would be ok to leave an abandoned motorbike in our back yard. No note was left or a phone call made to let us know a pile of junk was in our back yard. Not a dicky bird as they say. A bit of 'defective' work located the well-meaning miscreant and the offending bike was promptly removed. On a serious note, the Police Station is not public property (I thought that went without saying, but clearly not) and anyone discovered on our grounds is liable to be charged with trespass. Of course visiting during working hours or knocking on the door is reasonable, but entering a gated compound is not.

Finally, it wouldn't be a newsletter without some safe traffic advice. Wear your seatbelts. There, I've said it. Need a reason why? It stops you from getting killed and getting a massive fine and demerit points. I understand people are tucking them under their arms in an attempt to look safe and secure and some just aren't bothering. So, you have been warned but there is a State wide crack down happening and this is a real issue given the number of deaths on the road in recent weeks – and some of them have had a contributing factor of not wearing a seatbelt.

As always we can be contacted at the station on **9890 2000** and in the case of an emergency dial **000** as per normal. If you get Albany Station a message can be left for us with them – please be patient!

Till next time

Sergeant David Ellis

Please Slow Down

We all want to keep our kids safe and Lake Grace Roadwise are no exception. We have recently taken delivery of wheelie bin stickers that have the 'Please slow down, consider our kids' message; these were funded by the Lake Grace Roadwise committee and Wheatbelt South Road Safety Officer Rodney Thornton.

They are available for pickup from the Shire and CRC in Lake Grace and also the CRC in Newdegate. If there is enough demand, we may look at ordering more and include the town sites of Lake King and Varley.

We only have enough for one bin per household so if everyone could stick it to their rubbish bin rather than their recycling one. Give the side of the bin a bit of a clean and that should help them stick and please adhere to the side of the bin facing the on-coming traffic.

This year Roadwise have funded a four metre Belt Up banner to be used during sporting events, have

contributed to the Belt Up Round winter sports budget and are currently applying for funding for localised road safety messages. We will be putting the Driver Reviver van out over the long weekend also so if you would like to volunteer we would love to hear from you.

Messages like the wheelie bin stickers are just a reminder to ourselves to have good driving habits. It is very easy to make a simple mistake and then have a lifetime of regret. Please drop in to get your sticker and remember only one to every household.

Photo: Roadwise Representatives Rodney Thornton (RSO), Suzanne Reeves (Secretary/Treasurer), Jason Lip (Shire of Lake Grace), Cameron Hobson (Lake Grace Police) and Kerrie Argent (Lake Grace Hospital).

Suzanne Reeves



Ravensthorpe Wildflower Show

It's that wonderful time of year again when everything becomes a bit more colourful. Wildflowers have already started popping up which can mean only one thing, it's almost time for the Ravensthorpe Wild Flower show.

Ravensthorpe Shire is home to over 1800 wildflower species, some of which are unique to Western Australia. It is therefore the perfect place to display the 600-700 botanically identified specimens alongside a new state of the art purpose built herbarium.

Ravensthorpe Wildflower Show is internationally recognized as one of the best wildflower shows in the world. It is a great opportunity to see the wildflowers in their natural state along with joining in the festivities held by the local community.

This event will offer many wildflower related books, cards, and products, and features the work of local artists and craftspeople, and DVDs with botanical information and photographs of over 200 different wildflowers for sale.

Program of Events

- 10-22nd Sept, Specimens on display.
- 10th Sept, 5pm - Official Opening
- Photography Welcomed
- 15th Sept - Street parade 2pm
- 12th, 20th, 22nd Sept, Guided walk
- 13th, 18th, 21st Sept, 4WD Tag along Tours
- 23rd Sept, Gala Tappers Event in Hopetoun
- Patchwork & Art Exhibition
- Hopetoun CRC & Town Hall Photo Comp
- Public Art - CBH - Silo Art

Don't miss the opportunity to experience wildflowers in their natural state around the shire and in the Fitzgerald River National Park. Ravensthorpe offers an opportunity for visitors to become immersed in the abundant wildflowers, and a vibrant community.

FYFE TRANSPORT NEWDEGATE

FOR YOUR TRANSPORT REQUIREMENTS

- **LIVESTOCK**
- **FERTILIZER
(Bulk or Liquid)**
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- **BLUE METAL**



**PHONE - AARON
DAVID**

**0417991684
9865 1129**

Expression of Interest **SHIRE CATERING**



The Shire of Lake Grace is seeking expressions of interest from local catering/hospitality providers, to provide an efficient and high quality catering service for Shire meetings, functions and events. As our catering service provider, you will be able to demonstrate previous experience of providing catering/hospitality services for clients: including menu creation, sourcing and purchasing of ingredients locally, food preparation, presentation and clean up. You will also have an excellent understanding of food health and safety requirements and procedures.

If you are passionate about catering/hospitality and are committed to your community, we would like to hear from you.

For more information or to request an application form, please contact:

Cheryl Cavanagh, Executive Assistant on

9890 2500 or email shire@lakegrace.wa.gov.au

Expressions of interest close on: Friday 31 August 2018 at 4.00pm

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EVOCA1 TO PAINT THE FINAL MURAL IN THE PUBLIC SILO TRAIL

Miami-based Evoca1 has been chosen to paint the final mural in FORM and CBH Group's PUBLIC Silo Trail, happening this August in Pingrup.

Evoca1, whose name refers to the Spanish word *evocar* (meaning to evoke), is celebrated internationally for his photorealistic style and his creation of art that has a social conscience. The Dominican-born muralist is one of America's leading street artists and last year created Western Australia's *Boy on the Red Bike* in metropolitan Perth for the Paint Subi mural project.

This August, he'll be turning his hand to one of his biggest canvases yet in a uniquely Western Australian setting: a series of grain silos in the southwestern Australian town of Pingrup. Evoca1 said he was honored to have been invited back to Western Australia to create the final mural in the PUBLIC Silo Trail in Pingrup. "The inspiration in this regional community is abundant, especially reading about the people themselves, who so proudly continue generations of resilience in farming. This PUBLIC Silo Trail will surely leave a large footprint in the history and future of such communities and it is truly exciting to be a part of it," he said. The mural, which Evoca1 will begin painting on Wednesday, 22nd of August at the CBH Group silos on Jolley Road in Pingrup, is expected to take around two weeks to complete.

It is the sixth mural in a series of artworks which have been painted over the past three years on grain silos in Northam, Ravensthorpe, Merredin, Albany and Newdegate and on public walls and transformer boxes throughout Katanning. FORM's Executive Director Lynda Dorrington said the PUBLIC Silo Trail was about taking art out of galleries and making it more accessible. "This is art that tells a story about a people or a place, whether it's the budding cycle of Ravensthorpe's wildflowers or the beautiful species of seadragon found only off the coast in Albany," Ms Dorrington said. "It's trail that invites people to explore their state, by putting art in unexpected places, and using creativity to celebrate the agricultural assets that form the backbone of our economy." CBH Group General Manager Grower and External Relations Brianna Peake said it had been an incredible journey so far

on the PUBLIC Silo Trail. "We're pleased to continue our support to WA's grain growing regions through high-profile projects such as this in what has been a fantastic visual feast that started at our Avon site three years ago," Ms Peake said. "It will be sad to see this come to a close with Pingrup the last stop on the PUBLIC Silo Trail, and we can't wait to see what Evoca1 has in store for us."

The design for the mural will be kept under wraps to allow residents of Pingrup, passers-by and followers of the PUBLIC Silo Trail the magic of discovery as they watch the mural unfold.

Media Release, form.net.au



ABOVE: Evoca1's 'Boy on the red Bike' in Subiaco


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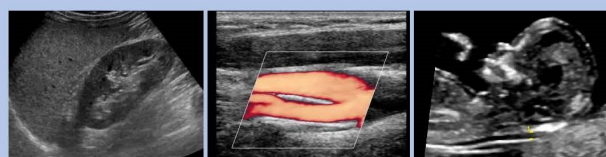
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NEWDEGATE MACHINERY FIELD DAY

Fashion Show Roster

DYSON JONES MERINOSNUG FASHION PARADES

Wednesday 5th September			Thursday 6th September		
10.55-11.30			10.55-11.30		
Robyn Orr Erica Wiech	Sonia Harding Rosie Allen	Penny Hall Suzy McDonald	Erica Wiech Helen Hams	Caroline Richardson Jessica Rintoul	Davina Hams Celine
12.25-1.00			12.25-1.00		
Jess Rintoul Davina Hams	Jesse McDonald Rebekah Dunkeld	Claire Harley Erica Wiech	Caroline Richardson Sarah Lloyd	Rebekah Dunkeld Fanny/ Juliet	Mel Humphries Kaye Walker
2.25-3.00			2.25-3.00		
Stevie J Lynch Sarah Lloyd	Nat Dunkeld Amanda Shalders	Robyn Orr Heather Searle Q	Fanny/Juliet Leanne McDonald	Melinder Dunkeld Jasmine Knill	Sammy Horsfield Judy Garlick
4.55-5.30			Please come to FID (Indoor Rec Centre) Back Wall, Near Art Space. Thank you		
Suzy McDonald Kaye Walker	Amanda Shalders Nat Dunkeld	Leanne McDonald Melinder Dunkeld			
<u>If you are unable to do your allocated roster please contact Fanny McDonald 0427 712 018</u>					

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NEWDEGATE MACHINERY FIELD DAY

Donut Van Roster - ICPA Lakes District

	WEDNESDAY 5TH SEPTEMBER	THURSDAY 6TH SEPTEMBER
7:30-8:30	Tim & Claire Walter	Tim & Claire Walter
8:30-10:30	Tania Bray Brad or Janine Watson Dennis Bryce Gittos	Damien or Claire Ness Ross Dunkeld Natalie Dunkeld ?????
10:30-12:30	Vikki Bridger Jo Brooks Helen Kirby Rachael Hardy	Rachael Wynyard Josiah Barrett-Lennard Rhys DeLandgraft Hayden Garlic
12:30-2:30	Shannon Sourness Nat Thompson Liam Thompson Sarah Scherell	Tim Walter Noddy Ashton Taryn Borgward Melissa Cugley
2:30-4:30	Graham Barrett-Lennard Elijah Barrett-Lennard Tim Walter Peter Gittos	Graham Garlic Judy Garlic Jeanette DeLandgraft Claire Walter
4:30-5:30	Anne Rick Lynette Gittos Kym Ross Claire Walter	CLOSED Hi I hope this suits everyone on the roster. Please try and swap your own roster if necessary or ring or text me so that I can make sure it's covered. Thanks a lot Claire Walter - 0898711041 or 0429411041



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What's happening at the



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AGRIMASTER COURSE

Thursday 11th October
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Newdegate CRC

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or both for
\$30pp

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1:00PM
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What's happening at the



GUT HEALTH AND FERMENTATION WORKSHOP



Tracy will discuss what constitutes normal, healthy digestion and how good gut health and a balanced microbiome are vital for your overall physical and emotional health & wellbeing. You'll walk away armed with knowledge on what dietary and lifestyle factors negatively and positively influence your gut health and how you can begin to improve and repair your digestion and rebalance your gut flora.

We will then cover how to make your own fermented foods and drinks with;

1. Lacto-fermented carrots and cauliflower, beet kvass, including a hands-on session making your own sauerkraut to take home, plus samples of each to taste.
2. How to brew your own fizzy, delicious kombucha with each participant receiving a kombucha starter and SCOBY to take home and samples to taste.

WHERE: Newdegate Community Resource Centre

WHEN: Thursday 18th October

TIME: 9.30am to 2pm

COST: \$100 per person. Includes all ingredients, jars and a printed Fermenting booklet with all the recipes and more. Lunch and cuppas kindly provided by the Newdegate Community Resource Centre.
Minimum number: 10 participants
Contact the NCRC on **9871 1791** to register

PAYMENT: Direct Deposit: Green Tree Naturopathy BSB: 066 504 A/C: 10131171 (commonwealth bank) ref: SURNAME & NDGATE

Payment must be made prior to the day to ensure enough cabbages, jars and Kombucha kits are supplied and fermented food samples are available



Tracy is a Naturopath with over 20 years experience in natural health and medicine. She runs regular fermenting workshops and her clinic has a strong focus & success in improving the gut function and microbiome health in her clients.



Understanding retirement village contracts

Thinking of moving into a retirement village? Before you sign on the dotted line, make sure you understand matters set out in the contract. Much of the detail about how a village is managed and run is contained in the residence contract – and they can vary greatly.

Also be aware that there are three common options for retirement living - retirement villages, residential parks and strata title units. Even though they may have similar sounding names each of these options is classed differently and come under different laws.

When it comes to retirement villages in Western Australia the majority are lease villages, meaning residents never own the premises but simply purchase a lease granting them the right to live there. Finding out if you will be a **lease owner** or **owner resident** is important as it will affect your rights and obligations once you have moved in.

Be sure to get a copy of the **village rules** as there could be limitations on pets, visitors, noise and nuisance and use of common areas, parking or gardening.

In a recent case, a couple found out the hard way that pets were prohibited. They had already paid a \$2,000 deposit on a unit and were looking forward to moving in with their beloved dog Nancy when the sales representative informed them that although he had verbally agreed to their dog living in the unit with them, the operator had informed him that pets were not allowed. The couple got their deposit back but were obviously disappointed.

Financial matters also need to be clarified. You need to be aware of the monthly charges and what they cover and if you will be charged special levies on top of **recurrent charges**. Ask for details about **Capital Maintenance and Replacement** and who pays for the various costs of maintaining or replacing items of capital in the village.

While you can hopefully look forward to many years in your new home, do not forget that many retirement villages have substantial fees that

are payable when you leave, often known as **exit fees**, deferred facilities fees, deferred management fees or deferred payment.

These fees will be determined by the contract you have entered into with the operator and how long you have lived in the village.

In one case, a resident who had vacated his retirement village after living there for three years and 11 months was forced to pay an extra \$10,000 in exit fees because it took 13 months for his unit to be re-leased.

When you move out the operator may determine a renovation is in order to get the best sale price. To make sure you are not paying excessive **refurbishment fees**, check the refurbishment arrangements in your contract.

Asking the right questions during the pre-contract disclosure and contract stage is essential and could save you heartbreak and money down the track. If an operator is not providing clear answers to your questions, ask yourself if this is really the village for you?

As part of pre-contract disclosure retirement villages are required to give you a summary of what the village offers and what the costs will be. This summary is in a standard form and can be used to help you compare villages.

More information about retirement villages and other housing options for seniors is available at www.consumerprotection.wa.gov.au or by calling the Seniors Housing Advisory Centre on 1300 367 057. Alternatively, email your query to seniors.housing@dmirs.wa.gov.au.

Iris Thomas, Senior Regional Officer, Consumer Protection, Great Southern Region



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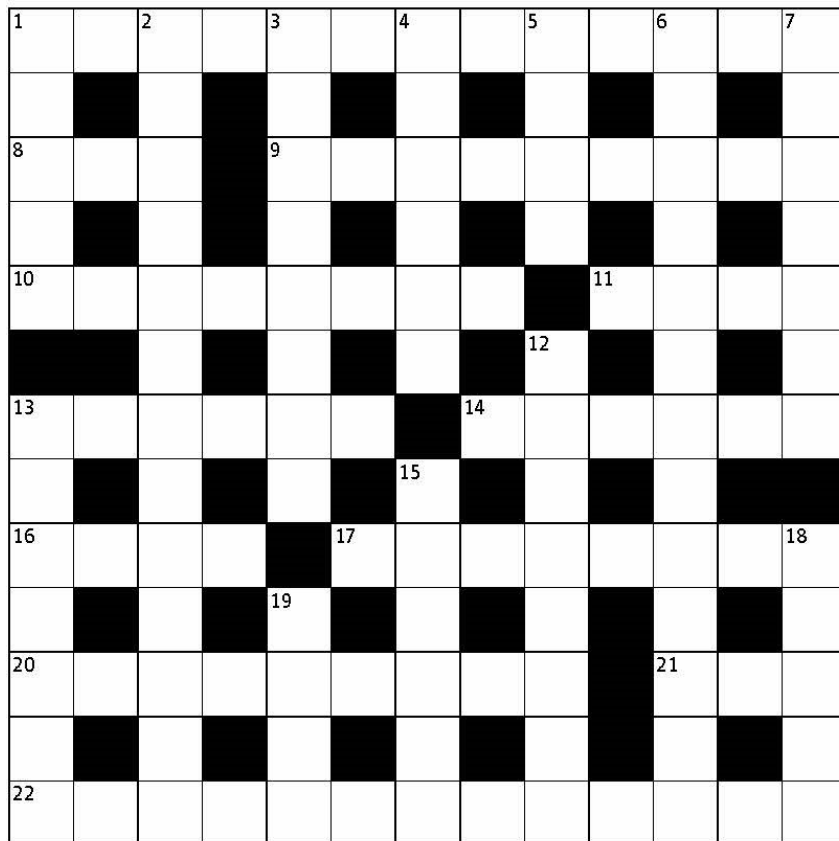
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 - Rock Bucket
 - Scrub Bucket
 - Land Leveller

For more information contact Brad Kennedy
Mobile: 0428-199-244
Email: newdegategrading@gmail.com

Puzzle Page



Across

- 1** In an unqualified manner (13)
8 Manage (3)
9 King Arthur's wife (9)
10 Quartets (anag) – illegal occupant (8)
11 Mould (4)
13 Gripping hand tool (6)
14 Cigarette butt (3-3)
16 Covering for the foot (4)
17 Backs (8)
20 Submission to another's authority (9)
21 Stray from the straight and narrow (3)
22 Resolve to do something irrevocable (4,3,6)

Down

- 1** Roman goddess of agriculture (5)
2 With ironic intention (6-2-5)
3 Writers of comic material for others to perform (8)
4 Reduced to a state of poverty (6)
5 Masticate (4)
6 Landlocked Alpine principality, capital Vaduz (13)
7 Produced (7)
12 Organic fertiliser – noble Mae (anag) (8)
13 Faint (4,3)
15 Spiritualists' meeting (6)
18 Attend to (5)
19 Pleasant gentle accent (4)

Easy

							1	3
	5			2	8			9
	9	8	3	7		2		
7		5			1	3	9	6
6	2	3	7			1		4
		1		5	7	9	4	
5			9	8			3	
2	6							

Medium

			5	1			8	
	1						4	
2								9
	3		7	9				8
1	6		2	4	8		5	3
9				5	6		2	
3								6
	2						1	
	7			6	4			

Recipe Page

Minestrone Soup

Ingredients

- 1 clove of garlic
- 1 red onion
- 2 carrots
- 2 sticks of celery
- 1 courgette
- 1 small leek
- 1 large potato
- 1 x 400g can of cannellini beans
- 2 rashers bacon
- Olive oil
- 1/2 teaspoon dried oregano
- 1 fresh bay leaf
- 2 x 400g cans tinned tomatoes
- 1 litre vegetable stock
- 100g pasta



Method

1. Peel and finely chop garlic and onion. Trim and roughly chop carrots, celery and courgette, add the vegetables to a large bowl.
2. Cut the ends off the leek, quarter it lengthways, wash it under running water, then cut into 1cm slices. Add to the bowl.
3. Scrub and dice the potato. Drain cannellini beans, then set aside. Finely slice bacon.
4. Heat 2 tablespoons of oil in a large saucepan over a medium heat. Add the bacon and fry gently for 2 minutes, or until golden.
5. Add the garlic, onion, carrots, celery, courgette, leek, oregano and bay and cook slowly for about 15 minutes, or until the vegetables have softened, stirring occasionally.
6. Add potato, cannellini beans & plum tomatoes, pour in the vegetable stock. Stir well, breaking up the tomatoes.
7. Cover with a lid and bring everything slowly to the boil, simmer for about 30 minutes, or until potato is cooked through. Meanwhile...
8. Remove and discard any tough stalks bits from the greens, then roughly chop.
9. Using a rolling pin, bash the pasta into pieces while it's still in the packet.
10. To check the potato is cooked, pierce a chunk of it with a sharp knife – if it pierces easily, it's done.
11. Add the pasta to the pan, and cook for a further 10 minutes, or until the pasta is al dente. Try some just before the time is up to make sure you cook it perfectly.

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Contacts

Justices of the Peace	
Mr Colin Connolly	9865 1010
Mr Ron Dewson	9865 1224
Mr Geoff Sabourne	9865 1171
Mrs Amanda Milton	0429 654 011
Mr Colin Dunkeld	98711 556
Mrs Rosy Sinclair	9874 7045
Mr Ian Chamberlain	98716 001

Services	
Emergency Services	000
LG Police Dpt.	9890 2000
Ravey Police dpt.	
Poisons Info.	13 11 26
Health Direct (24hr)	1800 022 222
Western Power	13 13 51
Water Corp	13 13 75

Lake Grace Shire Councillors		
Councillor	Telephone	Fax
Jeanette De Landgraft (<i>President</i>)	9872 0029 / 0429389062	(08) 9838 9041
Steve Hunt (<i>Deputy President</i>)	9865 1650 / 0427651585	
Roz Lloyd	9871 1534 / 0428711534	(08) 9871 1676
Allan Marshall	9865 3022 / 0427943291	(08) 9865 3012
Murray Stanton	9865 1329 / 0429900870	(08) 98651223
Mikaela Spurr	0438 926 196	
Ross Chappell	9865 4058 / 0428654058	(08) 9865 4051
Deborah Clarke	9865 4041 / 0428654041	(08) 98654032
Peter Stoffberg	9865 2550 / 0447 281 181	



Local Services	
Lake Grace Medical Centre	9865 1208
Monday/Tuesday/Thursday/Friday 9:00am - 12:30pm closed for lunch 2:00pm - 5:00pm	
Newdegate Medical Centre	9871 1528
Wednesday, 9:30am - 3:30pm	
Dentist (Dr Bryan Flemming)	9865 1028
Tuesdays weekly during summer. Tuesdays/Wednesdays fortnightly during winter	
Physiotherapist (Karen Rodgers-Smart)	0439 858 587
Child Health Nurse (Di Poultney)	9890 2246

Newdegate 2018 Phone Books available at the CRC for \$7

Community Calendar

August

- Wed 29th** Seafood Van 3-4pm @ The Gazebo
Awareness through Movement 3:30pm-4:30pm, NGT Town Hall
- Thu 30th** Movesmart Pilates, 9am @ The CRC

September

- Sat 1st** Winter Sports Grand Final in Newdegate
- Sun 2nd** Fathers Day
- Wed 5th** Newdegate Machinery Field Days
- Thu 6th** Newdegate Machinery Field Days
- Fri 7th** Newdegate CRC Closed
- Wed 12th** Awareness through Movement 3:30pm-4:30pm, NGT Town Hall
- Thu 13th** Movesmart Pilates, 9am @ The CRC
Microsoft Excel Session, 11am @ The CRC
- Sat 15th** Winter Sports Windup, 6pm @ The Sports Pavilion
- Thu 20th** Movesmart Pilates, 9am @ The CRC
School Assembly, 2:30pm @ The CRC
- Fri 21st** End of Term 3
- Mon 24th** Public Holiday for the Queens Birthday

October

- Mon 8th** Start of Term 4
An afternoon with Sabrina Hahn
NCDA Meeting
- Thu 11** Lincolns Agrimaster Course, 11am @ The CRC
- Mon 15** Rec Council Meeting, 8:30pm @ the Rec Centre
- Thu 18** Fermentation Workshop, 9:30am-2:00pm @ the CRC

