

# The Gate Post

18th July 2023

\$1 (inc. GST)

Vol 25 Issue 13

NEWDEGATE GOLF CLUB

## MIXED OPEN DAY

SATURDAY 22ND JULY 2023



18 holes combined mixed 4BBB stableford  
any combination.

Nominations by 19th July (Late entries  
accepted)

\$50 per player (includes light lunch and dinner)

REGISTRATION 10AM / TEE OFF 10:30AM

Nominations to Captain: Hayden Richardson

0429 880 378



Produced at the Newdegate Community Resource  
Centre Inc.

Ph: 9871 1791 Fax: 9871 1792



Department of  
Primary Industries and  
Regional Development

# The Gate Post

Thank you for your contributions towards this weeks Gatepost. Please send in your local news, photos and announcements to [newdegatecrc@westnet.com.au](mailto:newdegatecrc@westnet.com.au) or phone 9871 1791 by

**Monday 31st July@ 12 Noon**

Inclusion **cannot** be guaranteed after this time.

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## NEXT EDITION

Tuesday 1st August 2023

### Advertising Costs (inc GST)

Full Page	\$35.00
1/2 Page	\$20.00
1/4 Page	\$14.00
1/8 Page	\$8.00

*All additions/changes to be in by 12 noon the Monday prior to printing.*

### Newdegate CRC Opening Hours

Tuesday - Thursday  
8:30am - 12:00pm  
1:00pm - 4:30pm

Friday  
9am—2pm

CLOSED  
Saturday & Sunday



Printing, Scanning, Desktop Publishing, Binding, Laminating, Label Making, Faxing, Emailing, Stationary Supplies, IT Support, Exam Supervision, Local Information, Pop-Up Shops, Video Conferencing, Library, Centrelink Access Point, Medicare, MyGov, Room Hire, Equipment Hire, Workshops, Activities, Events

### Room Hire Prices

Small Room  
\$20per hour | \$50per day

Library  
\$30per hour | \$60half day | \$100full day

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- 2) While the editors normally aim to publish all materials submitted. The Gate Post reserves the right to refuse to publish or republish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) The Gate Post reserves the right to shorten or otherwise amend any contribution other than advertisements.
- 5) The opinions, views & beliefs expressed in articles & other submissions to The Gate Post do not necessarily reflect the opinions, views & beliefs of CRC staff or commit-

# NOTICE BOARD

## TIP OPENING TIMES

**Wednesday 9am—1pm**  
**Saturday 9am—1pm**



## Recycling



**Fortnightly Service**

**Next Date:**

**Tuesday**  
**25th July 23**

## **Newdegate Centenary Merchandise.**

Is available to be purchased from the Gate Collective



## FARMERS

If you would like double loads of sheep and lambs carted to Katanning trade sale or WAMMCO

Ring Geoff Galloway  
0428712508

**2023-2024 Gate Post renewals will be sent out shortly.**

**Please advise the CRC of any changes required.**

**The Gate Post is also available ONLINE for \$1 per edition.**

**To sign up or switch your subscription email [newdegatecrc@westnet.com.au](mailto:newdegatecrc@westnet.com.au) or call (08) 9871 1791**

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# A Beginner's Guide To *Cross Stitch*

## What is cross stitch?

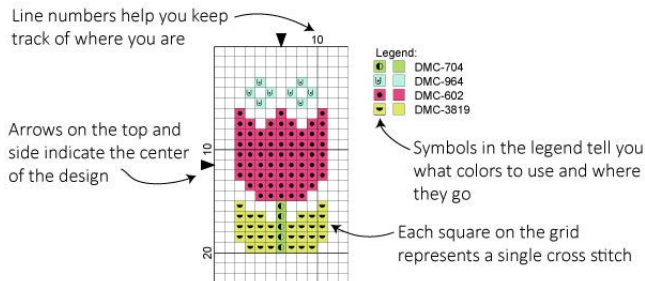
Cross stitch is a form of counted thread embroidery that has been around for ages, and it is one of the easiest forms of hand embroidery to learn. Cross stitch is comprised of X-shaped stitches done on fabric with an even and open weave like Aida or linen. Designs can be traditional or modern or anywhere in between.

Cross stitch projects are often sold as kits, but you can also purchase fabric, thread and basic supplies to come up with your own project.

### Step 1: Reading a cross stitch chart

A cross stitch chart tells you everything you need to know about where to stitch and what colour to use. The grid on a cross stitch chart corresponds to the grid created by the weave of the fabric, and each coloured square on the chart represents a cross stitch.

A combination of colours and symbols in the squares (or symbols only if the chart is black-and-white) tell you which colour of floss to use. Use the chart legend to map the symbols to the floss colours.



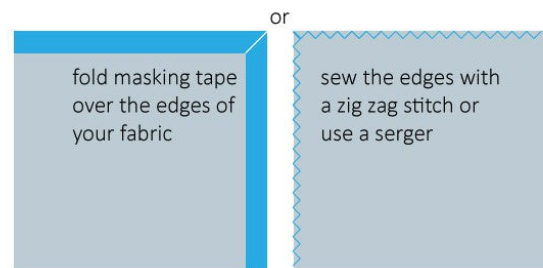
When you begin a new cross stitch project, it is a good idea to start stitching in the middle of the design. That way you make sure your design is centred in the fabric. Small arrows at the edges of a cross stitch chart indicate the centre points.

Take a look at your chart and find an area close to the centre to start with. It can be easier to start with a large block of colour instead of part of the pattern that changes colour frequently.

### Step 2: Prepare your fabric

Cross stitch can be done on a number of different fabrics, but the most common are Aida and linen. Both are woven fabrics that have a tendency to fray when cut. Before you start stitching, it is a good idea to bind the edges particularly if you are stitching a large project that will require lots of handling.

To minimize fraying, sew the edges with a zig-zag stitch or use a serger if you have one. If you don't want to sew the edges, you can also bind them with masking tape.



### Step 3: Find the centre of your fabric

To find the centre of your fabric, fold it in half one way and then fold it in half the other way. Pinch and crease the centre point to mark it. You can place a pin in the centre or make a small stitch to further mark the centre point.

### Step 4: Using a hoop or frame

There are lots of different styles of embroidery hoops and frames available. Whether you use one or not is up to you. Beginning stitchers may find it easier to put their fabric in an embroidery hoop.

To use a hoop, first loosen the screw and separate the two rounds. Place the round without the screw flat on a table or work surface. Lay the fabric over the hoop making sure the centre of the fabric is in the centre of the hoop. Place the other round over the fabric and press it down so the fabric is sandwiched between the two hoops. Gently pull the fabric taut as you tighten the screw on the hoop. Don't pull the fabric too tight or it will distort the weave of the fabric.

### Step 4: Prepare your thread

Pick the colour of floss you are starting with and cut a length about 18 inches long. If you go much longer than this, the thread is more likely to get knotted when you stitch.

Most embroidery floss is made up of six strands of thread twisted together. Depending on the fabric you are using, you will typically stitch with only one or two strands at a time.

To separate out a strand, hold the floss with one hand and pinch the end of one strand with the other. Gently and slowly pull the strand up and out until it is separated from the remaining strands. Only pull one strand at a time. Pulling multiple strands may cause the floss to knot.

### Step 5: Thread your needle

Cross stitch is typically done using a round-end tapestry needle. The size you use depends on your fabric. If you are stitching a kit, use the needle that came with it. If not, see this article on choosing a needle for cross stitch.



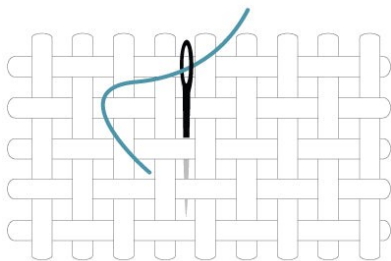
Thread your needle just as you would a needle for hand sewing. Don't make a knot in the tail end. You will stitch over the tail as you work to secure it without needing a knot. As a general rule, you want to avoid using knots when cross stitching because they can leave lumps in the final piece.

### Step 6: Making a row of cross stitches

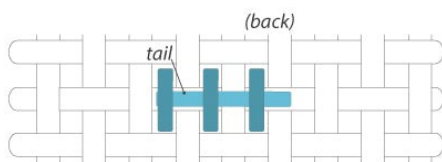
Cross stitch is generally worked in rows going from left to right. Refer to your stitching chart to figure out where you want to begin stitching.

Starting from the back side of the fabric, bring your needle up through a hole toward the front, leaving about an inch of thread at the back. You will cover the tail with your stitches as you work to secure it.

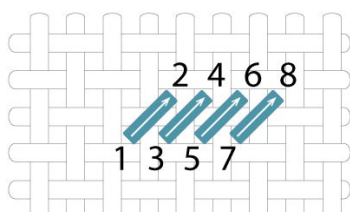
Next pass your needle through a hole diagonally across from where you started to make a slanted half cross stitch (/). Be sure to hold on to the tail at the back of the fabric so it doesn't slip through.



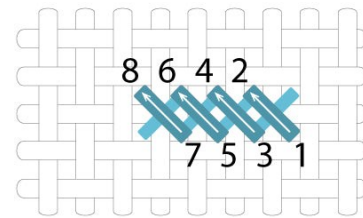
Start your second half cross stitch by bringing the needle back up through the hole that is directly below the one you last used. Before you pull this stitch tight, flip your fabric over to the back and make sure the thread tail will be trapped by the stitch.



Continuing stitching along the row to make a series of half cross stitches (////).

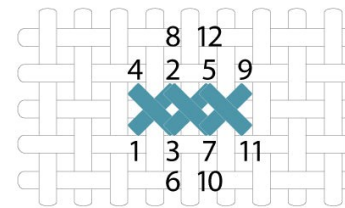


Next return across the row making a series of half cross stitches in the other direction (\\\\\\).



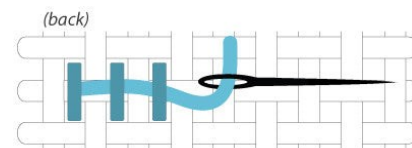
### Step 7: Making individual cross stitches

In some places on your design it may be easier to make a complete cross stitch before moving on to the next stitch instead of working in rows. Follow the diagram below to make individual cross stitches.



### Step 8: Ending your thread

Keep stitching until you reach the end of the thread or until you run out of stitches in your pattern. On the back side of the fabric, pass the needle under at least three completed stitches to secure the thread. Trim the remaining thread, being careful not to cut it too close.



### Tips & tricks

You will quickly get comfortable making basic cross stitches. Here are a few additional tips to keep in mind.

- Aim for a nice easy tension on your stitches. Don't pull them so tight that they warp the fabric or leave them so loose that they gap. The stitches should lie flat against the fabric without pulling against it.
  - Don't make long jumps across the back of your fabric with the thread because they might show through on the front. When moving to a new area that is more than a few stitches away, you should end your thread and then begin it again in the new spot.
  - Buy all your supplies for a project at the start. Thread comes in dye lots that may vary slightly between batches.
  - As you stitch, the thread will tend to get twisted. Every once in a while, let your needle and thread hang freely to let it unwind.
- Have fun! Cross stitch is a relaxing and rewarding craft. Don't stress too much about the details and enjoy the process!



# Newdegate Winter Sports 2023



## A GRADE NETBALL

### Round 11: Gnowangerup vs Newdegate

Unfortunately we had a big loss this week, it wasn't quite our day and going forward we have got a lot to learn from it.

Gnowangrup started strong and we got caught a bit flat floated which knocked the wind out of us early and we struggled to recover.

It was a good test for our defence and they did a great job throughout to try and make it difficult for Gnowangrup, hence why Sonia came away with best on for her persistence and hard work in defence and Mia coming away with coaches award

for not giving up and winning many interceptions and turn overs throughout the game.

We have had a bit of a poor turnout at trainings and this may also reflect on this performance so going forward let's hope we can have some consistency at training and bounce back again Jerry.

**A Grade Defeated by Gnowangerup 30-58**

**Best on Ground: Sonia Harding** sponsored by AFGRI Lake Grace

**Coaches Award: Mia Gooch** sponsored by Keetlen Valley Poll Merino Stud

## B GRADE NETBALL

Wow what a game, playing the ladder leaders we knew it was going to be a tough game, but apparently we weren't intimidated and we came out hard at the contest from the start. Our first quarters all season have been sluggish, but not today, the girls came out firing and it set the tone for the rest of the game. Our pressure all over the court was strong, we stuck on our players and everyone one worked hard to get in front when leading, all thing we have been working on. We re-offered all down the court which lead to much cleaner possession up and down the court. We ended the game with a ripper 4<sup>th</sup> quarter and ended up out scoring to Gnowangerup by 9 goals, in the end only going down by 14 goals. Every one of the girls played their role today, congrats on a fantastic game everyone.

Thank you to those that filled in today helping us fill the team.

Skye for travelling and playing, your cool head and experience in defence always gives the team a lift.

Lily who played her first game of netball today, and didn't you do a fantastic job for us in defence.

Also to Caitlyn who joined us for the

last quarter, your confidence and experience gave the team a massive confidence boost and it showed on court.

Best on for the day Sponsored by Mixing with Di went to Janis Gent- Again you ran hard all day, kept the pressure on and fought hard for every ball. Read the ball well and had some beautiful intercepts, Fantastic game today Janis.

Coaches Award Sponsored by Pitstop tyre and Mechanical went to Denhem Cowan- Your effort and focus today was brilliant. You ran hard, backed up down the court and worked hard in the circle against some amazing shooters. You had multiple tips and intercepts and even celebrated a particularly good one with a little dance. A fantastic hard fought positive game today.

**B Grade Defeated by Gnowangerup 37-51**

**Best on Ground: Janis Gent** sponsored by Mixing with Di - Dianne Poultney

**Coaches Award: Denhem Cowan** sponsored by Pitstop Mechanical & Tyre Services



# Newdegate Winter Sports 2023



## Junior NETBALL

Well done on what I heard was a brilliant team game against Gnowangerup. Congratulations to Rhys Richardson on receiving the coaches award (sponsored by Newdegate Post Office & Newsagency).

Thank you to Janis for coaching in my absence and to the three players that filled in for us with four of the original team away.

We tried hard to find a team and not forfeit with all this disruption, unfortunately we have been disqualified due to incorrect scorecard. This however does not take away from the stellar performance of the players on the day.

**Juniors Defeated Gnowangerup 32-4**  
 \*Unfortunately we have been disqualified due to incorrect scorecard - nevertheless a great effort kids!  
**Coaches Award: Rhys Richardson** sponsored by Newdegate Post Office & Newsagency

## Newdegate Winter Sports

### Auxiliary Roster 2023

**JULY 22ND JERRAMUNGUP** Soup: Sarah Lloyd & Gemma Lidster

**AUGUST 12TH BOXWOOD HILL** Soup: Davina Hams & Holly McDonald

**9.30 – 12.00** Suzy McDonald, Helen Scott, Skye O'Shannesy, Rosie Allen

**9.30 – 12.00** Jasmine Offer, Davina Hams, Holly McDonald, Tahlia Dunkeld

**12.00 – 2.30** Trish Tonkin, Lee Newman, Michelle Garlick

**12.00 – 2.30** Sophie Wells, Michelle Pryor, Rachael McLean

**2.00 – 4.30** Trish Rintoul, Denham Cowan, Rocky Walker

**2.00 – 4.30** Pom Harvey, Lynne Ellard, Judy Walker

**CHIPS (10 – 12.30)** –Jazmyne Wynne

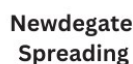
**CHIPS (10 – 12.30)** – Lisa Ness

**CHIPS (12.30 – 2)** – Sarah Lloyd

**CHIPS (12.30 – 2)** –Grace Ashton



would like to thank their 2023 sponsors







# Newdegate Winter Sports 2023



## HOCKEY SENIORS

**Saturday 15<sup>th</sup> July versus Gnowangerup, on the turf.**

**Round 11, Series 3**, final series of 2023 started last weekend. We headed to Bulldog territory with changes in the team again with some players having commitments elsewhere.

We are lucky to have players available to fill in when needed, thanks this week to Mia Gooch (for returning to the field), Jess Rintoul (I know you didn't feel well, but did offer to be available) and Laura Ness (last weekend of school holidays). We also called on a new-to-our-team goalie Hayley Richardson, first time in the goals on game day – thanks Hayley!! Hayley has been training with us a bit this year and although looked a little nervous as we approached game time, managed to do exactly what was required and kept the ball out of goals all day.

This game looked like being a tough tussle, our girls had majority of the attack in the first quarter but waited until nearly quarter time before delivering the first blow, a well-positioned left-wing Lucy Kelly, pouncing on the ball to force it over the line.

From there after quarter time, the game began to look a little different with strong running attack, accurate ball delivery and vision by all players to finish the game with a 9 to nil score line.

Gnowangerup attack did penetrate our attack, also awarded penalty corners but our defence held strong, with good communication clearing the ball and delivering out to the forwards.

Goal scorers for the game: Lucy Kelly (2), Suzy McDonald (2), one each to Sarah Lloyd, Jasmine Offer, Holly McDonald, Sonia Harding and Mia Gooch. Goals were scored from penalty corners, attacking runs down the field, free-hits within the attacking quarter and one penalty stroke.

Awards for the day: Best player (sponsor Springfield Farms - thanks Beau, Michelle, Russell, Sonia and family) to Sonia Harding. Coaches award (sponsor Ashton Contracting – thanks Daryn Ashton) to Suzy McDonald.

Home game against Jerramungup on the 22<sup>nd</sup>, hope to see you all there.





# Newdegate Winter Sports 2023



## HOCKEY JUNIORS

Great game on Saturday Kids!

Thanks to the year 7's that filled in so we weren't short. We had some great chances to scores but didn't quite get there unfortunately.

See you at training on Tuesday and let's get excited about a home game against Jerramungup this weekend for Round 12.



## Newdegate Junior Hockey Results

**Newdegate 0 drew Gnowangerup 0**

Best Player: Nikita Ness

Sponsored by Newdegate Post Office and Newsagency

Most Consistent: Tristan Harris

Sponsored by Keetlen Valley Pol Merino Stud

Special Mention Award: Kendra Ness

Sponsored by M&D Hams



Thanks to the yr 7's who filled in so we weren't short!  
See you at training Tuesday

## FOOTBALL JUNIORS



### NFC - Juniors

Gnowangerup def Newdegate

Game Day Award: Jack Lloyd

Socks Award: Tristan Harris

Fyfe Award: Harrison McLean

Coach's Award: Ben Walker

Thursday 20th July

Training 3:30pm.

Game Day Saturday 22nd July

Newdegate v Jerramungup

Goals: Van Grann Family

Timing: Scott Family

Bar: Walker, Cugley, DeLandgraftt







# Newdegate Winter Sports 2023



## FOOTBALL SENIORS

Coincidentally, I seem to only get a write up in when we've had a win.. Not that its planned, its just easier to take the piss.

And by the way, sorry, not sorry for my lack of proper English, especially when the person most likely proof reading this state of the art journalism, is a pom... Again sorry..... not sorry 😊

To set the scene entering into this week, we must go back a fortnight, to where our magnificent display of monkeys shagging a football took centre stage.

What looked like a game we should have had in the bag, we couldn't "get the hubs in" in time, and basically bogged our efforts in the final quarter handing boxwood the game. Literally we got bogged folks... I've never seen Boxwoods oval fit for a pig to sh#t in...

Any who, a bye last week, saw a few of our lions head to Perth to take it up with the best in country footy, for the Landmark Carnival.

Big Dean "fine form in changing nappies" Rintoul, Riley "pulls down a beast with his pinky" Bridger, Nelson "that fishing story is still at number one" Kent, Jacob "receding hair like a champ" Conti, and Lachlan "loses 6kg in two weeks, and still blows a pinga" Maples, represented what was certainly a challenge in A section this year.

Our Rowdy also coaching the side again this year, challenging for him to say the least, with major injuries across the comp making numbers difficult. Not managing to get a win up there, but well done on a great effort all round lads.

Speaking of injuries, what is in the water this year... From broken bones to broken hearts, it sure is a season to test ones mental stamina, as much as physical.

Hence leading into this weeks game, on a ground we haven't seen victory at for quite some time, the word had been put to our group to respond, and send a message that we are serious about where we want to be in a couple months time. Sipping a well earnt beer in Darwin with a big fat trophy on the bar.

Geez I'm getting fired up writing this now!

Because our Lions did exactly that this week, responding like Lions should, taking down the Gnowangerup dogs by 9pts.

In a great team performance with a variety of goal kickers this week, something that we have been working at for quite some time, is starting to pay off.

I'm going to leave it at that though, because yes, celebrate the wins, but we've still got work to do folks.

Better players this week saw Dean back to his brilliance off half back, Jacob Conti having a great year, and old boy Ian Lloyd, who had pace even his socks couldn't keep up with.

Special mention to Rupert "bet ya 5 bucks to run out with your hat on mate" Jackson, for a brilliant display through the mid-field and Blake "out me way" Dunkeld for his weapon like performance of physicality and character. Well done men.

Back at home finally this week folks, and lets hope it warms up a bit.



### ROUND 11- GNP V NGT

**League- GNP 9.10 64 def by NGT 11.7 73**

*Best Players Sponsored by CSBP and Dyson Jones*

3. Dean Rintoul 2. Jacob Conti 1. Ian Lloyd

*League Award Sponsored by Lake King Tavern and Pitstop*

Rupert Jackson

*Coaches Award Sponsored by Kojonup Ag and Elders*

Blake Dunkeld

Reserves FORFEIT





## OFA League

Ongerup Football Association, 2023

### LADDER

#	TEAM	P	PTS	%	W	L	D	BYE
1	Lake Grace / Pingrup	9	32	163.97	8	1	0	2
2	Boxwood Hill	8	24	131.76	6	2	0	3
3	Gnowangerup	9	16	121.18	4	5	0	2
4	Newdegate	9	16	106.73	4	5	0	2
5	Jerramungup	9	0	36.66	0	9	0	2

### UPCOMING

Next fixture: Round 12: July 22nd Newdegate vs Jerramungup



vs



### Top 5 Goal Scorers.

PLAYER	TEAM	GP	G	BP
1 Jackson Callope	Lake Grace / Pingrup	9	32	-
2 Jack Davis	Boxwood Hill	5	20	1
3 Arron Russell	Newdegate	8	19	1
4 Christopher Wollaston	Newdegate	7	16	1
5 Michael Swarbrick	Boxwood Hill	5	16	-

# NEWDEGATE HOCKEY CLUB

## 2023 Sponsorship Opportunities



### Signs (NEW)

There are many opportunities to put a sign on our fence surrounding the hockey field. You must pay for the sign and then pay \$100 per year sponsorship to keep the sign. A small sign (680mm x1200mm) costs \$300 and a large sign (680mm x2400mm) costs \$500.

These can be done by local company - 958 SIGNS .

### Signs (EXISTING)

For those businesses that already have a sign on the hockey fence you will continue to pay \$100 per year to keep these signs as sponsorship.

## GENERAL SPONSORSHIP

If you would like to sponsor through an annual donation, this would go towards game day awards and general running and development of our club. Your logo would be displayed at games and award presentations attended by all winter sports players, spectators and opposition.

*\*\* Sign sponsors also get the perks of a general sponsorship.*

**If you would like to know more or want to become a sponsor please contact us on the below email or give our President (Jasmine Offer) a call on 0428 711 740  
[newdegatehockeyclub@outlook.com](mailto:newdegatehockeyclub@outlook.com)**



# The Community Bootcamp Project™

A community bootcamp workout, every Saturday morning, at a park near you...

Physical fitness  
Mental wellbeing  
Social connection

## EXPRESSIONS OF INTEREST

The Community Bootcamp Project is bringing a weekly bootcamp session to as many local communities as possible – same day, same time, same bodyweight workout!

**Community Bootcamp Project Facilitators** will deliver the sessions, offering a welcoming environment where people come together to get fitter and connect with each other.

If this incredible movement to bring health and fitness to more people in WA sounds like something you'd like to be part of, register your interest at [www.communitybootcamp.org](http://www.communitybootcamp.org)

This opportunity is open to qualified PTs (practicing and not) and people who are non-qualified but willing to learn and passionate about making a difference!



Proudly supporting

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# Community Newsletter

PO Box 50, Lake Grace WA 6353 Ph: (08) 9890 2500 Fax: (08) 9890 2599 Email: [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au)



## Aboriginal Cultural Heritage Act Education Workshop.

DEPARTMENT OF PLANNING, LANDS AND HERITAGE

# ABORIGINAL CULTURAL HERITAGE ACT 2021

## EDUCATION WORKSHOP LAKE GRACE

### 14/08/2023

REGISTRATIONS OPEN NOW

The Department of Planning, Lands and Heritage are organising education sessions over the coming weeks and months to help support the change over to the new system.

These workshops aim to provide an overview of the Act, along with guidelines and regulations. There will also be an opportunity to ask questions.

We have a workshop scheduled to be held at the Lake Grace Pavilion on Monday 14 August between 10am—1.30pm followed by lunch.

If you would like to register to attend you will need to follow the link: - <https://www.gov.au/government/document-collections/aboriginal-cultural-heritage-act-2021-education-workshop-schedule> This link is also available on our website.

Alternatively you can call Department of Planning, Lands and Heritage on 6551 9468 and ask for Leah. She will be able to assist you with your registration.

### Ordinary Council Meeting

An Ordinary Council Meeting will be held on Wednesday 26 July from 3.30pm at the Council Chambers, Administration Building. The Agenda will be available on [www.lakegrace.wa.gov.au](http://www.lakegrace.wa.gov.au)

A minimum of 15 minutes is set aside for public question time, giving members of the public an opportunity to ask questions relating to Shire activities.

*Everyone Welcome*

# Community Information

## Office Open Hours

Monday - Friday 8.30am - 4.00pm  
Staff can be contacted by phone between 8am - 5pm

## Licensing Payments

All licensing payments are to be made in person at the Shire of Lake Grace Administration office, 1 Bishop Street, Lake Grace, *(please phone ahead for availability)*

**Monday to Friday from 8:30am to 4:00pm**

As an agency, we process the majority of transactions including: renewals, transfers, number plate orders, boat registration renewals and new licence applications.

With every transaction we perform, we try to offer the best service possible.

We do ask all licensing customers to be considerate, even though we are aware of people being 'locals' it does not exempt us from following the rules set by the Department of Transport.

## Driving Assessor

The Practical Driving Assessor (PDA) will be at the Shire of Lake Grace Office on:

**Friday - 30 August**

**Friday - September (to be confirmed)**

Bookings are essential for all Practical Driver's Licence Assessments and we advise booking in advance as there is often a waiting list.

All bookings to be made at the Shire office on 9890 2500 until further notice.

Lake Grace has one assessment day each month held on the first Friday of the month. For more information go to: [www.transport.wa.gov.au](http://www.transport.wa.gov.au).

## Libraries

**Lake Grace Public Library School Place Absolon St**  
Monday - Friday 9am - 5pm  
Closed for lunch 12.30 - 1pm

**Newdegate Public Library Collier St**  
Monday - Thursday 8.30am - 4.30pm  
Closed for lunch 12noon - 1pm  
Friday 9am - 2pm

**Lake King Library Newdegate/Ravensthorpe Rd**  
Tuesday and Thursday 8.30am - 3.30pm

## Building Surveyor

Building Surveyor, can be contacted through the Shire Office on 9890 2500 or email [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au).

## Town Planning & Building

The Shire's Town Planner consultant Joe Douglas, can be contacted via the Shire on 9890 2500 or email [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au).

## Environmental Health

The Shire's Environmental Health Officer, Brendon Gerrard. Can be contacted via the Shire on 9890 2500 or email [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au).

## Tip Times

**Lake Grace**

Monday & Wednesday 9am - 2pm  
Saturday & Sunday 9am - 4pm

**Newdegate**

Wednesday 9am - 1pm  
Saturday 9am - 1pm

**Lake King and Varley**

Open every day

## Recycling Services

Household Waste Collection is a weekly service and collected each Tuesday for Lake Grace, Newdegate, Lake King & Varley.

Recycling is a fortnightly service and alternates between Lake Grace and Newdegate. See below for the upcoming recycling collection dates.

Lake Grace	Newdegate
Tuesday 1 August	Tuesday 25 July
Tuesday 15 August	Tuesday 8 August

**Please Note:** There is no kerbside recycling collection service in Lake King or Varley.

The recycling bins are collected by Warren Blackwood Waste and transported to a recycling facility. If items which are not recyclable are found the content can't be recycled and the load will be directed to the landfill.

If an item is covered in food, it is not recyclable. Food is one of the worst contaminators in the recycling process. By using the yellow top recycling bin correctly you are contributing, in a combined community effort, to reduce the amount of rubbish that is directed to landfill facilities each year.

For more information on Waste Management visit the Shire's website [www.lakegrace.wa.gov.au](http://www.lakegrace.wa.gov.au).



Check our Facebook page

<https://www.facebook.com/ShireofLakeGrace/>



## *Community Information*

### **FLEET LICENSING**

Did you know that if you or your company have 10 or more vehicles you can have them added to a Fleet Schedule which will allow you to have a common expiry date for all their renewals.

You will receive 1 renewal notice for all the vehicles and still have the option to pay for 3, 6, or 12 months registration.

To apply, you will need to complete an Application for Fleet Licensing (E72) form. This requires you to nominate your preferred common expiry date and to list all the vehicles you wish to be on the schedule. This will need to be sent to the Fleet Licensing Team—[fleetlicensing@transport.wa.gov.au](mailto:fleetlicensing@transport.wa.gov.au)

Once your application has been processed you will be sent a letter advising you of your fleet licensing code, as well as individual tax invoices for vehicles that need to be re-aligned to the common expiry date.

Fleet management is accessible through the DoTDirect online portal and has a number of features including: -

- Automatic email reminders of fleet schedules due for renewal
- Adjust eligible vehicle expiry date to that of the common fleet expiry date
- Remove and add vehicles
- Re-print outstanding fleet schedules

More information can be found on the Department of Transport website—Fleet Licensing.

### **ANNUAL LICENCE EXPIRY DATE** (Common Expiry Date).

Alternatively, if you have 3—9 vehicles in your name you can apply for a common licence expiry date. This differs from Fleet Licensing as renewals are still sent individually.

You do not need to make a formal application, instead when the vehicle becomes due for renewal simply attend a DVS centre or regional agent and request to licence to the date of your choice. Once all of the vehicles are brought into line with this date you will continue to receive vehicle licence renewals six weeks prior to the expiry date.

*The licensing Team*

## **Go Paperless!**

Would you like to receive your rates notice in a convenient electronic form?

Register before the 21st July 2023 to receive your rates via email for the upcoming year. You will receive rates notices, final notice and installment reminders via email. We will continue to post all other rates correspondence to the postal address we have on file for the property. If you own more than one property, we will require ALL property assessment numbers.

Please ensure that your postal, residential and contact details are up to date and current.

You can fill in the form below and hand into the Shire Office or email the details through to [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au)



**FULL NAME:** \_\_\_\_\_

**EMAIL ADDRESS:** (must be property owner) \_\_\_\_\_

**PROPERTY ASSESSMENT NUMBER: A**    \_\_\_    \_\_\_    \_\_\_    \_\_\_

**PROPERTY ASSESSMENT NUMBER: A**    \_\_\_    \_\_\_    \_\_\_    \_\_\_

**PROPERTY ASSESSMENT NUMBER: A**    \_\_\_    \_\_\_    \_\_\_    \_\_\_

**PROPERTY ASSESSMENT NUMBER: A**    \_\_\_    \_\_\_    \_\_\_    \_\_\_



Observing meteor showers can be tough at the best of times, requiring late nights, dark skies and lots of patience. The peak of the shower coincides with an almost full moon, meaning conditions are not ideal for the meteor shower, however, to patient observers, some bright meteors may still appear.

Take a virtual tour to see how the Southern delta-Aquarids Meteor Shower is generated with this terrific 3D interactive model.

**When to look:** The later the better. The best time to view will be after midnight in the early morning of the 29th.

**Which direction to look:** Meteors will appear to emanate from a point high in the north eastern sky.

#### **Do I Need a Telescope to see a Meteor Shower?**

You don't need a telescope or binoculars to see a meteor shower. It's a great time to gather with friends, roll out your favourite picnic rug, pack the drinks and snacks, and start counting how many "shooting stars" you all see!

It's best to view a meteor shower under a dark night sky. Most meteors will be quite faint so darker surroundings will make it easier to see them. You might consider heading out to a dark sky location at one of WA's Astrotourism Towns. If you're an astrophotographer, it is an excellent opportunity to image meteors over some of WA's iconic landscapes. Where are WA's Astrotourism Towns? Fingers crossed for a spectacular show!

#### **What is a meteor shower?**

Meteors are caused by debris entering Earth's atmosphere. The debris can be as small as a grain of sand which burns up in the atmosphere and causes a bright streak of light to appear briefly in our night sky. The debris that causes a meteor can be travelling between 11 to 73 km/second.

A meteor shower is a time when you see lots of "shooting stars". They are the result of Earth passing through the trail of debris left by a comet or other object that has

come into our Solar System and orbited around the Sun.

#### **What's the Moon phase, and how will it affect viewing?**

This year the Moon will be close to full during the southern delta aquarids meteor shower. This means that all but the very brightest meteors will be blocked by the light of the Moon.

#### **Something interesting**

Meteor showers are named after the constellation where the "shooting stars" appear to be coming from. In the case of the Southern delta-Aquarid Meteor Shower, the meteors appear to come from the direction of the constellation of Aquarius. If you have a handy smart phone app that helps you identify objects in the night sky, search for Aquarius, and you'll be looking in the right location.

#### **More reading**

The International Meteor Organization is a great place to discover more about all things meteors. Check out their Meteor Shower Calendar. You might even like to become a member!

#### **You might like to...**

Become a Citizen Scientist and report meteor sightings! If you happen to see a very bright meteor (often referred to as a "fireball"), WA's Fireballs in the Sky team based at Curtin University would love to know! Download the Fireballs in the Sky App and keep your eyes peeled!







# POLICE NEWS

## LAKE GRACE POLICE STATION

56 STUBBS STREET, LAKE GRACE. 6353

Phone : 9890 2000 Fax : 9865 1429

Email: [lake.Grace.Police.Station@police.wa.gov.au](mailto:lake.Grace.Police.Station@police.wa.gov.au)

Personnel: Sgt. Joshua Egan-Reid,

### STATION NEWS



Last week our Inspector from Albany popped in to speak with us, ensuring that the Station is well prepared going into the new financial year. We also discussed the upcoming Newdegate Field days and resources required to Police the event.

Scott and Wade played in the Lake Grace Golf Club Turkey day tournament, it would appear that they have a lot of practice ahead of them, as they took the Feathers prize (they finished last), fair to say they won't be retiring from the day job anytime soon. Either way it was an amazing day out. We will do our best to ensure that we are available to take part next year and hopefully improve our current standing...

### TRAFFIC NEWS

We recently we stopped a vehicle travelling at 119kph in a 60kph speed zone in Newdegate. This was very disappointing to see, given we were still in school holidays and the possibility of children walking the streets his heightened around these times.

As a result, the driver was summonsed for reckless driving and his car went on a little holiday for 28 days, it was impounded and sent away on the back of a tow truck.

We were advised of a truck roll over near Corrigin resulting in a fair bit of grain on the road. Thankfully both Sergeants from Kondinin and Corrigin were able to handle the matter without us being required.

### CRIME NEWS

A few months ago, a firearm was handed in at the Police Station front counter. The firearm did not belong to the person handing it in, it had been left at their address when the owner of the firearm moved away.

We soon tracked down the owner who was subsequently charged with 1 x *Fail to provide and use adequate storage facilities to ensure firearm and ammunition safety*, and 1 x *Licence holder failed to provided written notice of change of storage arrangements*.

On top of the two charges the owner will also be losing their right to own a firearm, as Firearms & Licensing have deemed that they are no longer fit to hold a firearm license.



The owner will now have to sell or ask for the firearm to be destroyed given his irresponsible actions. This should be a reminder to ensure, that if you are a firearms holder, that you maintain safe storage of these items at all times.

A recent theft, of a significant amount of copper cable has been reported to us, if you notice any unusual activity or dodgy vehicles driving around, please let us know as soon as you can, if you can obtain a number plate it may help us greatly.

**Take care and stay safe.**

Regards

Lake Grace Police

**Clairvoyant visiting  
Newdegate if enough  
interest.**

Tarot readings 1 hour \$100.

Psychic counselling sessions  
30 mins \$50.

**Please text Sue on 0499  
349 564 to register your  
interest.**

**TIGER  
SPARK  
ELECTRICAL**

ABN: 72 616 138 172 EC: 010433

**Electrician Servicing Lake Grace,  
Newdegate, Pingrup, Varley and  
Surrounding Areas.**

**Phone Alistair on  
0427 339 472  
for a free quote.**

**For all your electrical,  
air-conditioning and solar power  
needs give Alistair a call.**

Email: [alistair@tigersparkelectrical.com.au](mailto:alistair@tigersparkelectrical.com.au)  
Website: [www.tigersparkelectrical.com.au](http://www.tigersparkelectrical.com.au)

STUBBY'S ELECTRICAL PTY LTD T/AS

**OUTBACK TV**

LIC NO EC 004197

For all your domestic, rural and industrial electrical installations and repairs.

Split system air conditioning installation and decommissioning.

Large range of Australian brand LED floodlights, downlights, hibays and  
fluorescent replacements.

Ditchwitch hire and cable location.

With over thirty years experience in Lake Grace and surrounding areas  
contact Stubby or Reid anytime.

**Stubby 0429651092 or Reid 0429651069**

**Office 98651092 all hours Fax 98651328**

LIC NO :EC004197 RTA NO :AU29828

## Grain Brokers Australia Weekly Market Report

Written by Peter McMeekin on July 18, 2023

### Canadian crops in serious need of a good drink..

The area planted to wheat in Canada this year has risen to its highest level since 2001, according to the latest Statistics Canada Field Crop Survey, but growing conditions are varied, and soil moisture deficits are growing in many regions. The nation's farmers also increased canola, barley, corn and soybeans plantings, but fewer hectares were allocated to oats, lentils and dry peas.

The seeding of Canada's principal field crops was largely completed by the beginning of June, with the total area forecast at 31.593 million hectares, around 0.7 per cent higher than the 31.376 million hectares planted in 2022. Statistics Canada expects 96.7 per cent of the planted area to be harvested and is anticipating total field crop production will come in at 95.741 million metric tonne, slightly lower than the 96.06MMT reaped in 2022.

The higher wheat area was attributed to favourable global prices leading up to the planting period and expectations of strong export demand in the 2023/24 season. The total wheat area is now expected to be 10.91 million hectares, 6.2 per cent higher than last year and 4.4 per cent above the early spring area estimate.

The area expansion was led by spring wheat which posted a 7 per cent annual increase to 7.91 million hectares, followed by durum wheat which increased 0.5 per cent to 2.43 million hectares. Winter wheat, mainly grown in the eastern provinces, increased 20 per cent year-on-year to 570,000 hectares in 2023. Across the Prairie provinces, farmers in Saskatchewan reported planting 6.9 per cent more wheat, in Alberta, the area reported was 4.4 per cent higher, and in Manitoba, the wheat-seeded area rose 7.2 per cent.

Wheat output is currently projected to rise 5.7 per cent from the 33.82MMT produced in 2022/23 to 35.75MMT this season, assuming trend yields. Adding carry-in stocks of 3.98MMT and imports of 0.13MT brings total domestic supply to 39.86MMT. Statistics Canada has pegged domestic demand 1.4 per cent higher at 9.31MMT and exports 1.2 per cent higher at 24.75MMT resulting in an increased wheat carry-out at season end of 5.8MMT.

While the latest Statistics Canada report pegged this season's barley area almost 0.6 per cent higher year-on-year at 2.87 million hectares, its latest number is 4.4 per cent lower than grower planting intentions reported in April and 4 per cent lower than the average of the previous five years. Approximately 97 per cent of Canada's barley is grown on the Prairies, with Alberta the biggest at 54 per cent of the total area, followed by Saskatchewan at 37 per cent and Manitoba with 5 per cent.

Assuming an average abandonment rate of 0.9 per cent of the planted area and a near trend yield of 3.66MT/ha, Canadian barley production in 2023/24 is expected to be 4.5 per cent lower than last season at 9.54MMT. With domestic demand 1 per cent higher at 6.17MMT and exports projected to decrease from 3.72MMT in 2022/23 to 3.33MT this season, the estimated barley carry-out comes in slightly higher year-on-year at 0.8MMT.

Canadian farmers have largely stuck to their canola rotation plans, with Statistics Canada's June area penned at 8.74 million hectares, marginally lower than the early season area estimate of 8.8 million hectares. This is, however, almost one per cent higher than the area planted last season. Farmers in Saskatchewan reported planting 4.9 million hectares, up 8.8 per cent from 2022. In Alberta, reported plantings were down 2.4 per cent to 2.5 million hectares year-on-year, and the seeded area in Manitoba decreased 4.7 per cent to 1.2 million hectares.

Canola production is currently forecast at 18.4MMT, up from 18.17MMT in 2022/23. Total canola supply in 2023/24 is forecast to increase marginally as the rise in output offsets the tighter carry-in balance. Statistics Canada forecasts stable canola demand in 2023/24, with the domestic crush and export projections at 9.5MMT and 8.8MMT, respectively, on the back of strong global call for oilseeds, vegetable oils and protein meals. With significant investment underway to increase Canadian crush capacity, domestic demand is expected to increase at the expense of exports, but any new facilities are not expected to have a material impact until the 2024/25 season.



## Grain Brokers Weekly Report Cont...

The Canadian spring and summer crops may be in the ground, but they are in serious trouble if widespread soaking rains fail to eventuate before the end of July. A chilly and arid March and April were followed by an exceptionally hot May in many regions. Parts of the Prairies are experiencing their direst conditions this century. Soil moisture reserves have been seriously depleted across significant proportions of both Alberta and Manitoba and almost the entire province of Saskatchewan since the beginning of spring. Farmers are desperate, but the forecast does not provide the desired comfort, remaining dry and warm for at least the next two weeks.

Assuming the forecast proves correct, it would put June and July precipitation in Saskatchewan, which accounts for 40 per cent of the nation's spring wheat production and 55 per cent of Canada's canola output, at less than 60 per cent of the long-term average. Topsoil moisture conditions were reported at 21 per cent adequate, 55 per cent short, and 24 per cent very short. The province's moisture deficits are already rivalling those of 2021, when final wheat and canola yields were 65 per cent and 56 per cent of the five-year average, respectively.

According to the latest Canadian Drought Monitor report, around 76 per cent of the nation's farmland is either abnormally dry or in moderate drought. Drought conditions have continued to expand and increase in severity across the Prairies this summer, with temperatures three to five degrees Celsius above average on the eastern half while the western half was one to two degrees Celsius above average.

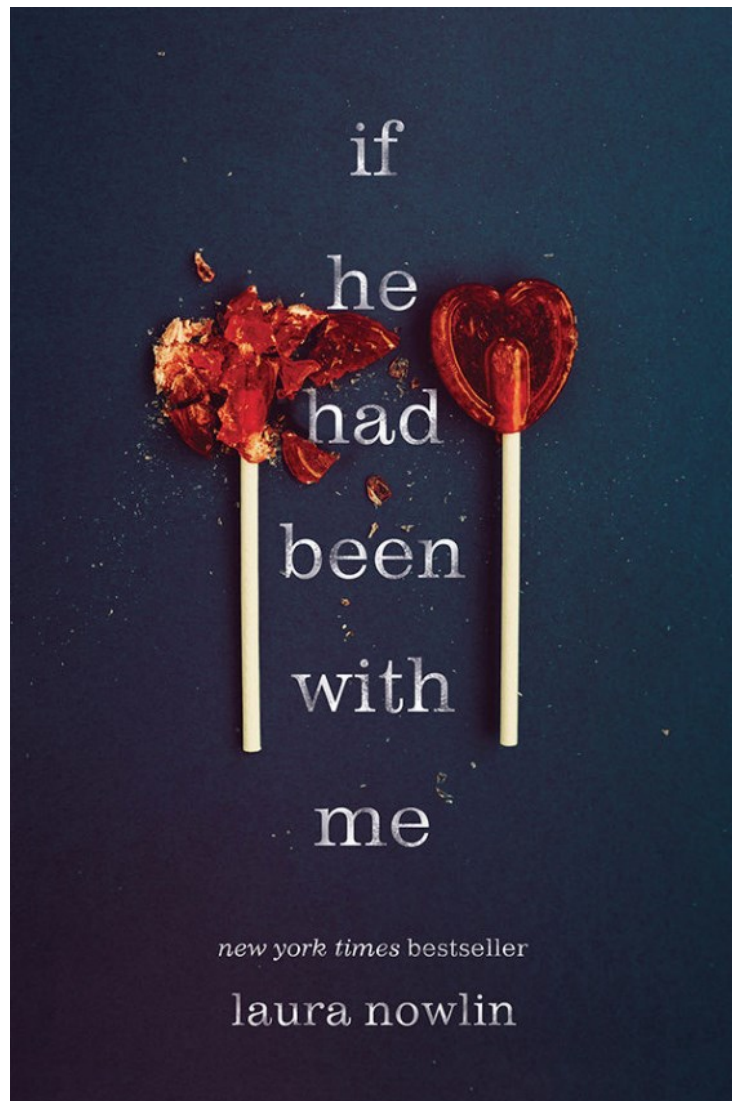
With crops across large swathes of the Prairies hanging on by a thread and yields already on a steep downward trend, all eyes are focused skyward, praying that the dry pattern will change in time to salvage this season's crops. While the issue has been building all spring, the global trade has been more focused on production and geopolitical issues elsewhere. However, the potential impact is now firmly in the spotlight, with the situation already supportive of global wheat and canola values, and this will only increase if essential rains fail to materialise this month.

Call your local Grain Brokers Australia representative on **1300 946 544** to discuss your grain marketing needs.



This week we are reading...

## If He Had Been With Me by Laura Nowlin



**If he had been with me, everything would be different.**

Autumn and Finn used to be inseparable. But then something changed. Or they changed.

Now, they do their best to ignore each other. But Autumn has her boyfriend Jamie, and her close-knit group of friends. And Finn has become that boy at school, the one everyone wants to be around.

That still doesn't stop the way Autumn feels every time she and Finn cross paths, and the growing, nagging thought that maybe things could have been different. Maybe they should be together. And as time passes, Autumn realises she might not get another chance to make things right before it's too late.



# Ongerup Pub, Servo, Café & Shop SAVED!

## WA LOCALS BUY OUT THEIR TOWN IN A BID TO KEEP IT ALIVE

Who would have thought a community would come together to buy not just 1 but 4 of the towns amenities!

**Ongerup** is a small town 410 kilometres (250 mi) south-east of Perth and 54 kilometres (34 mi) east of Gnowangerup in the Great Southern region of Western Australia. It is widely accepted that 'Ongerup' is a corruption of a Noongar word, 'yongerup' meaning 'place of the male kangaroo'. At the 2021 census Ongerup had a population of 114. Many people will be familiar with Ongerup because of the Ongerup Football Association, which was formed in 1962 with Jerramungup and the Yongergnow Malleefowl Centre, which is devoted to the conservation of the endangered Malleefowl.

To keep the town thriving the locals, through the Ongerup Future Fund, have bought the local shop, pub, café and servo with the aim of making sure Ongerup stays firmly on the map for many more years to come. Through community cropping since 2020 they have been accumulating the cash.

Without the local community these places would have remained shut and there wouldn't have been much left to Ongerup. 18 shareholders in the town bought the local supermarket from the bank. They partnered with another business owner and offered affordable rent for him to expand into groceries by operating the supermarket. He was then able to purchase it from the community group once it proved viable. Had the shop of stayed closed, residents of Ongerup would have had to have

travelled to Gnowangerup for their groceries, which is about 50km away.

The team also bought the pub from John Guy as he was retiring to the South Coast. They are in the process of renovating the building, which is a huge amount of effort. They are calling on everyone to help get the job done.

The old saloon bar is no more with the team having removed the wall making it one big bar. During the renovations the team also interestingly found a scroll dating back to the first pint ever poured at the pub in November 1957.

With the back yard, they are hoping to turn it into a family friendly area but need help!

Funds are running low after generous donations from local tradesmen, businesses and volunteers have been depleted. They are looking for donations from the wider community so if you would like to donate please follow the link at the end of this article.

The pub plans to reopen fully in September when they will have an open Kitchen. Once back up and running there will be 4 motel rooms and 6 hostel type rooms available.

Current opening times are Wednesday and Friday from 3pm.

You can support them by donating via <https://www.gofundme.com/f/kids-area-for-the-ongerup-hotel>





**MY**  
AgeFit

# 7-DAY EXERCISE CHALLENGE 1 • ACTIVE WHILE SOCIAL DISTANCING

## WARM UP

Perform Starjumps / Jumping jacks for 60 seconds

## • MAIN SET •

Perform 20 reps of each exercise (10 second rest)

\* Perform plank for 20 seconds

[EASIER : 10-15 reps | HARDER : 30 reps sec]

## STRETCH

Stretch for 2-3 minutes



**1 AIR SQUATS**  
(OR MINI AIR SQUATS)



**2 SIT UPS**  
(OR CRUNCHES)



**3 PUSH UPS**  
(OR FROM THE KNEES)



**4 BRIDGES**



**5 PLANK**  
(OR STRAIGHT ARM OR FROM KNEES)



**6 STEP ONTO A CHAIR**  
(OR STEP)



# TRUCK DRIVER COURSES




## COURSES AT NEWDEGATE:

HR upgrade 8hrs Training incl Assessment - 21-22 Sept **\$1795**

MC upgrade 9hrs Training incl Assessment -22- 25 Sept **\$2995**

## CONTACT LUCY @ NCRC TO BOOK IN

 [newdegatecrc@westnet.com.au](mailto:newdegatecrc@westnet.com.au)

**0898 711 791**



# Beef Bourguignon Pie

## Ingredients

- 2 tbs extra virgin olive oil
- 1.20kg beef bolar blade roast, cut into 3cm pieces
- 1 large brown onion, halved, cut into wedges
- 2 carrots, thickly sliced
- 2 sticks celery, thickly sliced
- 2 cloves garlic, crushed
- 100g button mushrooms
- 2 tbs plain flour
- 1 cup dry red wine
- 420g no-added-salt diced tomatoes
- 1/2 cup no-added-salt tomato paste
- 1/4 cup Worcestershire sauce
- 1 cup frozen baby peas
- 1 sheet frozen puff pastry, partially thawed
- 1 free range egg , lightly whisked
- 60g baby spinach leaves



## Method

Heat 1 tbs oil in a 20cm-diameter (top), 1.5L ovenproof saucepan over medium-high heat. Cook beef, in batches, for 2 minutes or until browned. Transfer to a plate.

Add remaining oil to pan. Add shallots and cook, stirring, for 2 minutes or until softened slightly. Add carrot, celery and garlic and cook, stirring, for 2 minutes or until lightly browned. Stir in mushrooms and cook, stirring, for a further 3 minutes or until slightly softened.

Sprinkle flour over vegetables and cook, stirring, for 30 seconds or until well combined. Add wine and bring to the boil, stirring, for 2 minutes or until thickened slightly. Add canned tomato, tomato paste and Worcestershire sauce and stir to combine. Add beef. Bring to the boil, then reduce heat to medium. Cover and simmer, stirring occasionally, for 1 hour 30 minutes or until beef is tender. Uncover and simmer for a further 30 minutes, stirring occasionally, or until sauce thickens and beef is very tender. Stir in peas. Remove from heat. Season.

Preheat oven to 220°C/200°C fan-forced. Place pastry over top of saucepan, pressing edges to seal, then trim any excess pastry that overhangs. Brush evenly with egg. Bake for 20 minutes or until pastry is golden-brown and puffed. Remove from oven. Stand for 5 minutes. Serve topped with spinach.



# **FYFE TRANSPORT**

## **NEWDEGATE**

**FOR YOUR TRANSPORT REQUIREMENTS**

- **FERTILIZER  
(Bulk or Liquid)**
- **LIME-GYPSUM**
- **BLUE METAL**

**PHONE      AARON      0417991684**  
**DAVID      9865 1129**

## Make the Best In-Season Nutrient Decisions



Using nutrient Fuel Gauges and inSITE Plant Analysis, your local Area Manager can help you make the best in-season nutrient decisions.

Speak with Brett today!



**Brett Coxon, Area Manager - Lake Grace**

**Mobile:** 0427 766 506

**Email:** [bcoxon@summitfertz.com.au](mailto:bcoxon@summitfertz.com.au)



# NOTICE BOARD

## WEATHER FORECAST

Day	Max Temp	Min Temp	Possible rainfall	Chance of Rainfall
Wed 19th	14°C	8°C	3-7mm	100%
Thu 20th	15°C	1°C	0mm	5%
Fri 21st	17°C	6°C	0-1mm	40%
Sat 22nd	17°C	3°C	0mm	10%
Sun 23rd	18°C	4°C	0mm	5%
Mon 24th	19°C	6°C	0mm	20%

*Australian Government Bureau of Meteorology.  
As of Tuesday 18th July 2023*



## MAT PILATES WITH TARA COOK

STARTING BACK 21ST JULY  
FRIDAYS 9:30AM  
NEWDEGATE CRC

BOOK IN FOR THE BLOCK OF 6 - \$120

### NEIL SINCLAIR BISHOP

22/6/1926 - 1/7/2023

*Neil passed away peacefully at 97  
and has gone to join his beloved Elsie.*

*He is sadly missed by Gillian, Keith, Joy, Craig, Russell, Anne,  
7 grandchildren, 7 great-grandchildren, extended family  
and many friends.*

*Thank you for all your kind messages.*

### FUNERAL

Thursday 27th July - 2pm - St Anselm's 19 Forest Hill Drive - Kingsley  
Afternoon tea to follow service

### LIVESTREAM RECORDING

View via this link: <https://livestream.com/accounts/30045689/events/10908129>

A GROUP VIEWING will be shown at Lake Grace CRC at 3pm Thurs 27th





NOTICE BOARD

# NAIDOC WEEK CRAFTS

## DESIGN YOUR OWN BOOMERANG AT THE CRC

### MON 24TH 3:15PM

### BOOK VIA HUMANITIX



≈  
 Sunday Worship 10am  
 Live music, café style coffee

All about Jesus

Malcolm and Cathie Kelly  
 9871 9032 or 0488 719 032

Nick and Lucy Kelly  
 0427 417 506  
 ≈

Newdegate Bowling Club A.G.M. will be held on  
**Thursday 20<sup>th</sup> July, 2023**  
 at the Clubhouse at 7.00p.m

**Newdegate Container Exchange**

Open Tuesday's From 10am till 3:30pm

Machinery Field Days Site, Waddell Street, Newdegate 6355

**Newdegate 2023 Telephone Directory.**

Available at the Newdegate Community Resource Centre. \$7.00



# NOTICE BOARD



## Peter Rundle MLA Member for Roe

**Esperance Office**  
107 Dempster St  
(08) 9071 6555

**Narrogin Office**  
83 Federal Street  
(08) 9881 1225

-  [peter.rundle@mp.wa.gov.au](mailto:peter.rundle@mp.wa.gov.au)
-  [www.peterrundle.com.au](http://www.peterrundle.com.au)
-  [facebook.com/PeterRundleRoe](https://facebook.com/PeterRundleRoe)



## DID YOU KNOW?

The Newdegate Machinery Field Days have a cool room, paint sprayer and tree planter available to hire.

**Cool Room**  
\$50 base charge + \$10 per day

**Paint Sprayer**  
\$100 per day

**Tree Planter**  
\$100 per day

Contact Len Armstrong for more information or to make a booking.

## ASHTON CONTRACTING



NEWDEGATE BASED CONTRACTOR

25 YEARS SHEARING EXPERIENCE

MEMBER WA SHEARING INDUSTRY ASSOCIATION (INC)

FOR A RELIABLE & PROFESSIONAL SHEARING JOB

CALL OR EMAIL DARYN  
0428 393 084  
[noddyashton77@gmail.com](mailto:noddyashton77@gmail.com)

## Newdegate Nippers Playgroup



Tuesdays  
9.30am @ NPS  
Kindy Building

PLEASE BRING A PIECE OF FRUIT TO SHARE & JOIN THE NIPPERS PLAYGROUP PAGE FOR UPCOMING CRAFT DAYS AND EVENTS.

CONTACT ROBYN FOR MORE INFO!

# Home Care now available in Newdegate



We can help you stay in your own home connected to family and friends, doing the things you love. Our Home Care services are available in Newdegate and surrounds, via a funded package or private services.

CATH0337

Call our friendly and caring Home Care team today on 1300 244 000 or visit [catholichomes.com](http://catholichomes.com)



*care with purpose*

## Pingaring Centenary

HELP US SPREAD THE WORD!

Pingaring is celebrating its 100th birthday on the weekend of the 8th September 2023.

Come and help us celebrate! With various activities and events to take you back in time.

Experience the history and stories Pingaring has to tell!

First proceedings begin Friday night at the town gazebo, with main celebrations kicking off on the Saturday. Programme to follow

Food truck are available on both days.  
Come on down and support our little town.

For more information and updates follow are Facebook page:  
Pingaring Community

Hope to see you there !

Puzzle

ACROSS

- 1) Put on the back burner
- 6) Find fault
- 11) "Top Gear" aier
- 14) Clio's sister muse
- 15) Dress style with a flare
- 16) "Who \_\_\_ you kidding?"
- 17) Wet stopper
- 19) Little guy or little amount
- 20) Common grain unit
- 21) Display fallibility
- 22) Fasten with rope
- 23) "Family" member
- 27) Gets back in business
- 29) Roth plan
- 30) Like a dental school exam?
- 32) Definitely not a slacker
- 33) Do a portrayal
- 34) Bit of gossip
- 36) "You never know..."
- 39) Damon of films
- 41) Teapot part
- 43) Practice boxing
- 44) Muhammad's religion
- 46) Relative of "thud"
- 48) "Long \_\_\_ and far away ..."
- 49) Biblical birthright seller
- 51) Heat-cracked
- 52) Cape color in a big ring
- 53) Committing a computer crime
- 56) What champagnes do
- 58) Last name among Boston hockey legends
- 59) Majors worth \$6 million
- 60) Valuable rock
- 61) Form of flattering poetry
- 62) Place to take one's cuts
- 68) Unharden a garden
- 69) Autumn bloom
- 70) Sky supporter of myth
- 71) Ancient flood insurance
- 72) Crystal-lined cavity
- 73) Garden mix

DOWN

- 1) Cotillion star, informally
- 2) Period of history
- 3) Far from slim
- 4) Body of beliefs
- 5) Pitcher's "cuff"
- 6) Vehicle making pick-ups
- 7) Monte Rosa is one
- 8) More repulsive
- 9) Made tough by habitual exposure
- 10) What limos provide
- 11) Section of the Big Apple
- 12) Organ with ideas
- 13) Formally gives up
- 18) Where we all began
- 23) It's in Florida
- 24) Dangerous whales
- 25) City known for cereal
- 26) Some accessways
- 28) TV-dinner veggies
- 31) Some aerial maneuvers
- 35) Essentials for all sports
- 37) Bread roll
- 38) Crumble to the sea
- 40) Kind of force
- 42) Atlantic game fish
- 45) Postal worker's burden
- 47) Riot queller
- 50) Anxiety
- 53) Uproarious commotion
- 54) Intense passion
- 55) Affect
- 57) Right-hand page, in printing
- 63) Danson of TV shows
- 64) Feeling of anger
- 65) Surname among boxing legends
- 66) Square dance invitee
- 67) Feminizing suffix

LEAD-OFF HITTER

By Timothy E. Parker

1	2	3	4	5	6	7	8	9	10	11	12	13
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71				72						73		

Easy

Hard

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	9				7	3	5	
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	7	5						1
	6				2			
		4						
	2		8			7		3
5								8
		8	5			4		6
	4	1		5			3	
7			4					
	8		1					7



## Contacts

Justices of the Peace	
Mr Colin Connolly	9865 1010
Mr Geoff Sabourne	9865 1171
Mrs Amanda Milton	0429 654 011
Mr Colin Dunkeld	98711 556
Mrs Rosy Sinclair	9874 7045

Services	
Emergency Services	000
LG Police Department	9890 2000
Hospital	9890 2222
Poisons Info.	13 11 26
Western Power	13 13 51
Water Corp	13 13 75
Directory Assistance	1223

Lake Grace Shire Councillors		
Councillor	Telephone	Email
Len Armstrong ( <i>President</i> )	0429 843 785	cramstrong@lakegrace.wa.gov.au
Ross Chappell ( <i>Deputy</i> )	0428 654 058	crchappell@lakegrace.wa.gov.au
Debrah Clarke	0428 654 041	crclarke@lakegrace.wa.gov.au
Benjamin Hyde	0428 752 042	crhyde@lakegrace.wa.gov.au
Roz Lloyd	0428 711 534	crloyd@lakegrace.wa.gov.au
Anton Kuchling	0427 206 030	crkuchling@lakegrace.wa.gov.au
Jeff McKenzie	0458 693 014	crmckenzie@lakegrace.wa.gov.au
Steve Hunt	0427 651 585	crhunt@lakegrace.wa.gov.au



Local Services	
Lake Grace Medical Centre	9865 1208
Newdegate Medical Centre	9871 1528
Currently unavailable	
Dentist (Dr Bryan Flemming)	97955 511
Child Health Nurse (Di Poultney)	9890 2246

**Newdegate Phone Books available at the CRC for \$7**

# Community Calendar

## July 2023

- Sat 22nd Round 12: Newdegate v Jerramungup
- Sat 22nd Golf Newdegate Mixed Open Day
- Wed 26th Shire Council Meeting Lake Grace

## August 2023

- Fri 4th-Sun 6th Ladies Carnival Hyden
- Sat 5th Round 14: Newdegate Bye
- Sun 6th Stableford E&C
- Sat 12th Round 15: Newdegate v Boxwood Hill  
State Sand Greens Moora
- Sun 13th Stoke 5th Qualy Round
- Thurs 17th Ladies Foursome Newdegate
- Sat 19th—Sun 20th Lakes Carnival Pingaring
- Sat 19th Second Semi Final: Gnowangerup
- Sun 20th First Semi Final: Boxwood Hill
- Sat 26th Preliminary Final: Jerramungup
- Sun 27th Championship Round 1

## September 2023

- Sat 2nd Grand Final: Newdegate
- Wed 6th Newdegate Machinery Field Days
- Thurs 7th Newdegate Machinery Field Days
- Sat 9th Winter Sports Wind Up

### Newdegate Defibrillator Locations

- ⇒ Newdegate Ambulance Shed  
*May Street*
- ⇒ Newdegate Grocer & Café  
*5 Maley Street*
- ⇒ Newdegate Hotel  
*1 Maley Street*
- ⇒ Newdegate Rec Centre  
*Waddell Street*
- ⇒ Newdegate Motel & Caravan Park
- ⇒ *201 Newdegate North Road*
- ⇒ Newdegate Country Club  
*Newdegate/Pingrup Road*
- ⇒ Newdegate Swimming Pool  
*Mitchell Street*
- ⇒ Newdegate Tennis Club  
*Waddell Street*
- ⇒ Newdegate Post Office  
*7 Maley Street*

